



# The INSIDER

An Independent Newspaper  
*For Wynmoor Residents*

VOL. 7 NO. 1

JANUARY 2023



WISHING YOU  
PEACE

Love

AND  
LAUGHTER  
IN THE  
NEW  
YEAR

online

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3205 PORTOFINO (1/1.5)		\$ 152,900
3501 BIMINI (1/1.5 WITH W/D)		\$ 140,000
<del>2301 LUCAYA</del>	<b>SOLD</b>	<del>\$ 299,900</del>
<del>2101 LUCAYA</del>	<b>SOLD</b>	<del>\$ 169,900</del>
2101 LUCAYA (REMODELED/LAKE VIEW)		\$ 244,000
2102 LUCAYA (UPDATED)		\$ 219,000
1905 BERMUDA (CORNER)		\$ 179,000
<del>1502 CAYMAN</del>	<b>SOLD</b>	<del>\$ 210,000</del>
<del>2004 GRANADA</del>	<b>SOLD</b>	<del>\$ 209,900</del>
<del>4301 MARTINIQUE</del>	<b>SOLD</b>	<del>\$ 229,500</del>
2004 GRANADA (CORNER)		\$ 244,000
<del>1501 CAYMAN</del>	<b>SOLD</b>	<del>\$ 299,000</del>
2403 ANTIGUA (REMODELED)		\$ 285,000
<del>2003 GRANADA</del>	<b>SOLD</b>	<del>\$ 240,000</del>
1804 ELEUTHERA		\$ 257,000
<del>3502 BIMINI</del>	<b>SOLD</b>	<del>\$ 240,000</del>

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**WYNMOOR REAL ESTATE, LLC**  
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 1310 Avenue of the Stars  
 Coconut Creek, FL 33066

**561-251-7690**





**Wendy Peck**  
Daughter  
**Cheryl Stein**  
Mother

OUR OFFICE IS LOCATED IN WYNMOOR

## The Wynmoor Mother-Daughter Team

**RE/MAX HALL OF FAME AWARD WINNING  
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WISHING YOU  
★ A HAPPY ★  
HEALTHY  
NEW YEAR

2023

### OFFERED FOR SALE

#### 2 BEDROOMS / 2 BATHROOMS

1701 Andros • REMODELED, Iris, Impact  
1701 Andros • Corner, 1550sf, Evergreen, Washer/Dryer  
3303 Aruba • Corner, Luxury, 1650sf, Washer/Dryer  
1905 Bermuda • Corner, Water View  
1501 Cayman • Impact Windows  
1802 Eleuthera • Juniper, Water View  
2101 Lucaya • Water View  
2201 Lucaya • REMODELED  
2612 Nassau • Ground Floor, Impact  
3101 Portofino • REMODELED, Furnished

#### 1 BEDROOM

1804 Eleuthera • REMODELED, All Impact

### RENTALS

#### ANNUAL - 2 BEDROOMS / 2 BATHROOMS

2102 Lucaya • Ground Floor, Unfurnished  
2201 Lucaya • Remodeled  
4602 Martinique • Corner, Furnished  
3205 Portofino • REMODELED, Impact, Water

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**Cheryl Stein**  
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# The INSIDER

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Website: [insidernewspaper.com](http://insidernewspaper.com)

Published monthly by Florida News Bureau, the INSIDER, is distributed free to Wynmoor Village, Coconut Creek, FL 33066. Materials submitted for publication may be placed in the box reserved for the INSIDER located in the Wynmoor Business Center, in the Clubhouse. Articles submitted in the box must be typed double spaced (upper and lower case), or legibly printed, signed and include the author's address and phone number (for office use only). The deadline for written articles, letters and classified ads is 12:00 Noon, on the 10th day of each month, preceding an issue.

Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: [wynmoorads@aol.com](mailto:wynmoorads@aol.com)**

We reserve the right to edit or omit articles sent in for publication that do not conform to our standards. Submitted materials become the property of Florida News Bureau and will not be returned. Florida News Bureau is not responsible, and assumes no liability for the content expressed in any contributed material.

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**ARTICLE SUBMISSION WORD LIMITS:**  
CLUBS 200 Maximum  
PEN TO PAPER 250 Maximum  
ARTICLES OF INTEREST 450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

**Deadline:** The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

Florida News Bureau reserves the right to refuse publication of any article or ad submitted, if such does not meet the standards set forth by the publisher, or does not adhere to its deadline. Florida News Bureau shall have the right, in its sole discretion, whether or not to accept any material for publication.

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# SECURITY NEWS

Dispatch: 954-978-2667

**For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!**

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

**Remember that Cyclists Must Obey Traffic Laws**, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

**Crime Prevention Round Table:** Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

## Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

**Make sure your guest has I.D. ready when approaching the gate for proper verification.**

**Your guest must have the NAME and ADDRESS of the resident they are visiting.**

## Important Numbers

For Medical Emergencies Always Dial 9-1-1

- Emergency:..... 954-978-2663
- Automated Gate Access:..... 954-978-2666
- Security Dispatch:..... 954-978-2667
- Resident Registration Office:..... 954-978-2600, ext. 321
- Coconut Creek Police, Non-Emergency: ..... 954-973-6700

## Hours of Operation

- Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
- Fitness Center:..... 7:00 AM - 8:00 PM
- Country Club: ..... 8:00 AM - 11:00 PM
- Racquet Center: ..... 8:00 AM - 12:00 NOON
- Theatre Complex:..... (Movies Only) 7:00 PM
- .....(unless there is a specific approved event)

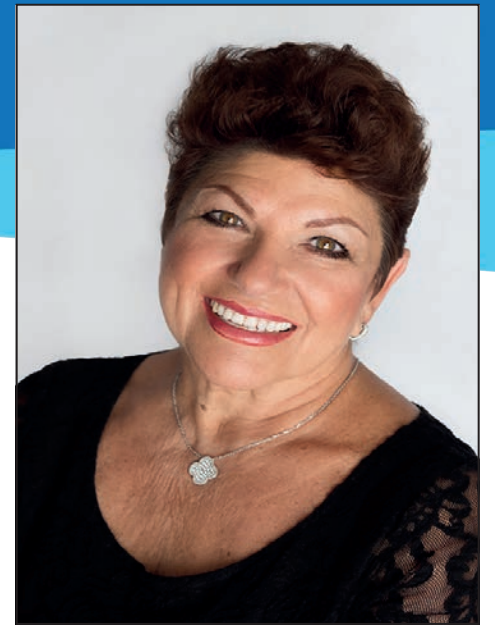
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# From the President

By Jackie Railey



A New Year, a new beginning! Let's all welcome 2023 with excitement and enthusiasm!

We are anticipating many great things by way of implementing a number of changes. Change starts with us; if we want to improve on the present, it is up to us to initiate the effort.

We have proven time and time again that the voice of Wynmoor is a strong one indeed. When we stand together as a community, we can accomplish great things. We are standing strong in our opposition of the Monarch Landfill, and the expansion of the Florida Turnpike. Together we will be united and spearhead these issues, as we seek environmental justice for our community and city.

We would like to thank everyone for the many compliments regarding the festive look of our Main and West gate entrances, hope it brought a smile to all. In 2022 there have been so many projects completed and the remainder are planned to be completed in 2023. We plan to continue our efforts throughout the property as our goal is to take the community to a new level!

Explore the culture in our community, on a well guided bus tour of the beautiful Wynmoor grounds. The tour is the first Wednesday of each month at 10:00 a.m. (Reservations required and can be made at [www.wynmoorlife.com](http://www.wynmoorlife.com)). New and existing residents, please join us the first Monday of each month at 10:30 a.m. in the Lecture Hall (located at the Country Club) for a "Resident Orientation."

With the return of the popular Meet, Eat and Greet events at your

association pools, we once again offer the opportunity to socialize with your immediate neighbors. This is not only a positive way to strengthen community through sharing thoughts and ideas on the association level, but it also offers the perfect setting to develop new and lasting friendships. Please take advantage of the wonderful Theatre shows Wynmoor has to offer, our 2023 lineup is spectacular.

More good news.... The Wynmoor ID and Bar Code Office has a new location inside the Library at the Country Club, no appointments necessary, come rain or shine.

On behalf of the Management Committee and myself, we extend our best wishes to all of you for a Happy, Healthy and prosperous New Year. I hope to see many of you in my travels around the community, enjoying any of the many wonderful things Wynmoor has to offer.

STAY WELL & GOD BLESS!

Jackie Railey, President Wynmoor Community Council

*Jackie Railey*

# SEE SOMETHING

# SAY SOMETHING

The

# FISH JOINT

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Includes drink and choice of side

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Lettuce, tomato, and red onion
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Grilled or Fried
- Fried Fish Sandwich**  
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- Soup & Salad**  
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<b>TUESDAY</b> 2 Tacos <small>Choice of 1 side</small>	11.95
<b>WEDNESDAY</b> Fish N' Chips <small>Served with fries, coleslaw &amp; hushpuppies</small>	13.95
<b>THURSDAY</b> Lobster Roll <small>Hot or cold with choice of side</small>	19.95
<b>FRIDAY</b> Fried Shrimp Platter <small>Choice of 2 sides &amp; hushpuppies</small>	14.95
<b>SATURDAY</b> Snow Crab <small>1lb of snow crab with our garlic butter sauce</small>	19.95



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# Your Articles of Interest Are Always Welcome!

## How do I send my article?

The easiest and best way to submit your article/s of interest is by email to [Wynmoorads@aol.com](mailto:Wynmoorads@aol.com) in a word document, or mail it/them to **FLORIDA NEWS BUREAU, P.O. Box 670876, Coral Springs, FL 33067.**

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE:** The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

We currently have a box in the Clubhouse that will be taken away by the end of the year (inserting articles there will not be an option).

Thank you for your submissions. We look forward to hearing from you.

Insider Staff



# Mah Jongg

CARDS

If you are interested in ordering the 2023 Mah Jongg Card please contact Nancy Smith at 954-610-1539. The National Mah Jongg League has raised the prices - \$14 for the Standard Card and \$15 for the Large Card. They will donate \$5 of every card sold to the Alzheimer's Association. The card will be mailed directly to your home address. Please help us to fight this disease!

If you have any questions please do not hesitate to contact Nancy or Judy Palma at 609-577-5946.

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# FROM THE ADMINISTRATOR

By Bruce Bandler

2023! A New Year! New beginnings: an opportunity to move forward, to continue the accomplishments we've made in 2022! It is an exciting time for all of us; I am excited to see Wynmoor stay on pace with the world around us. I can assure you that we will continue to put great effort into our primary goal – "Provide the best possible experience for the extraordinary residents of Wynmoor!"

I, along with my skilled and talented staff are motivated to take advantage of the opportunities as well as tackle the challenges as they are presented to us. We recognize this great responsibility, and we are here for you.

Your customer service team will enthusiastically address your needs and investigate your concerns. Their patience, understanding and great knowledge of the community has allowed them to satisfactorily process a record number of resident requests. I am impressed by their positivity; often working under difficult circumstances, they continue to remain focused and dedicated to providing open lines of communication in an honest and transparent manner.

No doubt we are all aware of the "workforce shortage" that continues to make headline news throughout the country. Wynmoor is no exception, yet we have managed to maintain a high level of service while working under extreme pressure. This in itself is a great achievement, and, at this time, I would like to personally thank my hardworking, loyal staff. I am proud that you have chosen to be a part of the Wynmoor team!

I remain committed to effectively working with the Council to achieve our present goals and to plan for the future. I am always available to assist the association boards as well and look forward to hosting our "Meet, Eat & Greet" event at your association pool each weekend (schedule will be announced and posted shortly). This event not only gives me an opportunity to get to know your board members on a more personal level, but it also allows me to mingle with the residents, to listen and learn from your perspective on many issues as well as to hear your wealth of ideas and suggestions, many of which can be incorporated into the plan for Wynmoor's future.

Looking back at the hardships created by the pandemic over the past nearly 3 years (can it really be that long) and waking up this morning to see how far we've come, it gives me great pride to know that I am serving this truly unique community, diversely comprised of wonderful residents who are good neighbors and good friends, who are graciously willing to contribute to the ongoing success of Wynmoor.

With great anticipation, I'm looking ahead to all we can accomplish together in 2023. Our diversity is one of our greatest assets; it promotes open mindedness and the ability to understand and respect different points of view. Our commitment to equality and inclusion will always remain strong. It's what keeps us together. We may be of varied backgrounds, have varied opinions and beliefs, but ultimately, we share the same values. First and foremost, we all want to live in peace and harmony where everyone feels comfortably at home. We have found just that place here at Wynmoor!

Thank you for listening! To your good health! HAPPY NEW YEAR!

## ISRAEL

By Linda Storfer

Are you a Wynmoor resident with children or grandchildren who have made Aliyah and live fulltime in Israel? If so, you may be interested in joining our newly formed group. We meet frequently, discuss common issues and concerns, share experiences and provide updates about daily living in Israel. If you are interested in joining us please call 412-818-6883 for more information and to find out when and where the date of our next meeting will be held.

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# MARTY KIAR

## BROWARD COUNTY PROPERTY APPRAISER

### Does My Homestead Exemption Automatically Renew?

After your initial application for Homestead Exemption has been approved, it automatically renews each year unless there is a change of ownership or eligible use of your homesteaded property. Each January, our office mails a Homestead Renewal Notice and "Change Card" to all Homesteaded properties. Florida law requires the property owner to notify the Property Appraiser of any change which may affect homestead eligibility. This Change Order Card provides an efficient way to communicate these important changes to our office.

If there are NO changes to the use and/or ownership of your property, simply keep the card as your receipt verifying that your Homestead Exemption has automatically renewed for another year. However, if there are changes, please mark the Change Card accordingly and return it to our office.

**If your name is not printed above the mailing address section on this card, it means you are not protected by Homestead Exemption at this property. You may be on title to the property, but you are not receiving Homestead Exemption.** If you are eligible for Homestead Exemption on this property, you must complete your own Homestead Exemption application. You can apply online at <https://web.bcpa.net/bcpaclient/#/HomesteadExemption>

If you are a co-owner, surviving spouse, trust beneficiary or otherwise believe you are eligible for this exemption, you must file your own Homestead Exemption application to receive the benefit. If you have any questions relating to the death of the owner, the Change Card or need assistance in filing for Homestead or other tax-saving exemptions, please visit our website at [web.bcpa.net](http://web.bcpa.net) or contact our Customer Service Department at 954-357-6830.

#### Where Did My Portability Savings Go?

A portability deduction is only posted to your property record page in the first year you receive your new Homestead Exemption. The portability savings from the first year form the basis of your new Save Our Homes value on a going forward basis and -- in subsequent years -- will rise or fall based upon market just value changes and the 3% cap, as your new Save Our Homes value has incorporated your portability savings. When our website is updated to display subsequent year property values, your portability deduction is no longer shown independently because it is already factored into your new Assessed/Save Our Homes value.

If my office can ever be of assistance to you, please do not hesitate to contact me directly at [martykiar@bcpa.net](mailto:martykiar@bcpa.net).

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 Sunday, February 19, 2023  
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Enjoy an afternoon with friends in our West Wing playing cards, Mah-jongg, Dominoes, Scrabble, Rummykub or just chat and eat.

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**Checks must be received by February 12, 2023**

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 OF COCONUT CREEK

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OPEN FOR SERVICES

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---

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 Friday, January 20th at 7:30 PM  
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Wynmoor Community Council Board



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ADMINISTRATOR



SELMA  
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GOLDMAN  
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MINTZES  
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RONNY  
SYDNEY  
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FRED  
STEIN  
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WAGNER  
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# US Club

Very Special Paid Up Membership Party!



## William Cintron

*Entertainer/Singer Extraordinaire*

William pays Tribute to Franki Valli, Dean Martin, Engelbert Humperdinck, and the Bee Gees. He also sings an array of Standards, DooWop, Oldies, Motown, Disco, R&B, and Salsa. He has performed with The Platters, The Temptations, Tavares, The Delfonics, The Diamonds, The Coasters, The Mystics and more!

## Mini Lounge Show

January 3, 2023

8:00 PM

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# Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

## Overall Crime is Down Once Again in Coconut Creek



As I write this column in mid-December, and unless something really crazy happens statistically, crime will once again go down in Coconut Creek in 2022. With your help, as of the end of November

2022, we were down about 3.5 percent in overall crime compared to the same time frame in 2021.

Our biggest reduction compared to 2021 was in fraud cases, which were down by 88 incidents. It's an indication that you are becoming more aware of how to spot frauds and scams and how not fall victim to them. As usual for most years, the primary drivers of crime here in Coconut Creek in 2022 were shoplifting, theft from vehicle cases, and motor vehicle theft.

Being a gated community, Wynmoor Village doesn't get too many car burglars or thieves who drive off in the vehicle. If you're in the Township however, you can help reduce these numbers in 2023 by making sure to lock your car doors at night before you go to bed. Typically, around eight out of every ten theft from vehicle cases we investigate were either left unlocked or show no sign of forced entry.

### Scam presentations in Wynmoor, along with North and South Creek

Thanks to the Wynmoor community for really turning out for a pair of fraud prevention presentations we had back in November. We also had similar presentations in South Creek and North Creek in December that didn't see quite as many participants as in Wynmoor, but we'll educate anybody willing to listen to us.

If you live in Wynmoor, I recommend that you attend the monthly Security Roundtable meetings, which are usually held the fourth Thursday of every month at 2:30 p.m. in Ballroom A. We go over all the latest frauds and scams we've been seeing at those meetings. Check with Wynmoor administration for more details.

### This month's key scam prevention tip

This month's key scam prevention tip, and one that is taken straight from our fraud prevention presentations: just don't answer the phone if you don't recognize the number. If you don't answer the phone, the scammer never gets the chance to talk to you. If they never talk to you then that greatly reduces the chances they have to scam you. Sometimes, you just answering the phone confirms to them that that's your phone number, and that alone can be a step toward helping them steal your identity.

### Congratulations to Coconut Creek Fire Rescue

Congratulations to our colleagues at Coconut Creek Fire Rescue from recently earning an ISO 1 rating. What that means to you is the possibility of lower insurance premiums and a stronger resume when the fire department applies for grant money. It also means that your fire department is among the elite in the nation when it comes to service, training, and fire prevention. Less than one percent of all fire departments in the country have achieved an ISO 1 rating.

### Remember that our non-emergency number has changed

Lastly, remember that our non-emergency number has changed. It is 954-346-4400. For emergencies the number is still 911.

Happy New Year and wishing you all the best in 2023!



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# Florida Law for Pedestrians and Bicyclists

By Martin Zevin, Attorney

If you are a pedestrian or a bicyclist and you are injured by a car, there is important information you need to know. If you own a car, your car insurance PIP (no fault) coverage will be your primary medical insurance for hospital and doctor bills. Just as you would do if you were injured driving your car, you should contact your car insurance immediately to report the accident and get a claim number for your PIP coverage. You should also obtain the driver exchange information to get the information on the driver of the vehicle that hit you, including their insurance company. Any injury claim that you have will first be against that driver's bodily injury liability coverage. If you do not own a car, the driver's PIP will be primary for your medical bills.

Since Florida does not require bodily injury liability coverage, it is possible that the driver will only have the basic PIP, which will not help you. Therefore, it is very important that you also have uninsured motorist coverage for your vehicle so that you can still obtain a settlement for your injuries. I recommend at least \$100,000 per person for uninsured motorist coverage. If you have more than one vehicle, I recommend stacking. Please see other articles that I have written for further details.

It is possible that the other insurance company may find you at least partially at fault if you disobeyed the rules of the road. For example, while you have the right of way as a pedestrian on a marked crosswalk, you must yield the right of way to all vehicles if you are not using a marked crosswalk. If there is a sidewalk on the street, you have to use it. If there is no sidewalk,



you have to walk on the road facing traffic. If you are a bicyclist, however, you need to be going in the direction of traffic, in a bike lane if available. Even if you are disobeying the rules of the road, you may still be successful in getting at least some settlement for your pain and suffering, over and above the medical bills. Florida has the law of comparative negligence. If a jury were to decide the case, your total damages would be reduced by the percentage that you were found to be at fault. For example, if the jury finds that your total damages are \$100,000, but you were 70% at fault, then you would still

receive a net verdict of \$30,000.

If you are at all injured, it is important that you allow an ambulance to take you to an emergency room for immediate treatment. This is very important, not only to be sure that you are okay but also to preserve your rights under Florida's PIP laws.

For more information, you should be sure to consult with a personal injury attorney as soon as possible after the accident.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to personal injury claims or car insurance coverage. I am also available for free consultation regarding Wills, Trusts, Estates and Probate. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442 My web site is [www.martinzevinpa.com](http://www.martinzevinpa.com) and my e-mail address is [martinzevin@netzero.com](mailto:martinzevin@netzero.com).

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During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

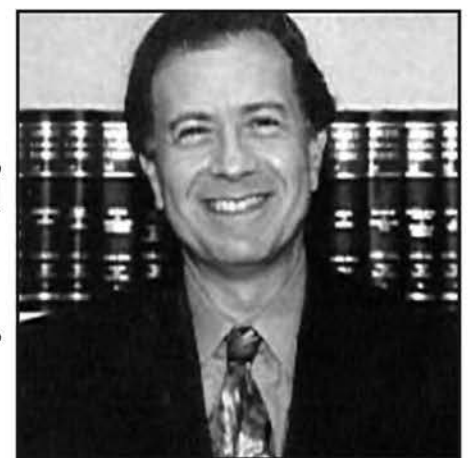
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## The Orchestra's Gone , But The Melody Lingers... Dealing With Post-Covid-19 Symptoms

By Marcus Smith, Licensed Acupuncture Physician



For some people, coronavirus (Covid-19) can cause symptoms that last weeks or months after the infection is gone. As a result, it is called post-Covid-19.

And it doesn't seem to matter how severe your symptoms were when you first contracted Covid-19, you may have only had mild symptoms. Yet it's been 12 or more weeks and you can't seem to shake it. In my clinic, for example, 70% of the patients that come in after testing negative following Covid-19 infections are experiencing prolonged symptoms of some type. A number of these patients are still experiencing symptoms 1 ½ years after initial infection.

These symptoms typically include several of the following:

1. Extreme tiredness/fatigue
2. Shortness of breath
3. Chest pain, tightness, heart palpitations
4. Problems with memory and concentration ("brain fog")
5. Difficulty sleeping/insomnia
6. Dizziness, swollen glands, sore throat, cough, headaches, earaches
7. Tinnitus (ringing in the ears), changes to sense of smell and taste
8. Joint pain, pins-and-needles sensation
9. Feeling sick, diarrhea, stomach-ache, loss of appetite.

These lingering symptoms are so prevalent they have been given their own diagnosis code and name: Long Covid Syndrome.

A number of these symptoms mimic those of persons diagnosed with Chronic Fatigue Syndrome, which is very commonly seen in the clinic, and also attributed to a previous (or current) viral infection. Fortunately, acupuncture and herbal medicine have a long history of successfully treating this condition by reducing inflammation, activating the immune system, and modulating the nervous system.

By tailoring treatments according to the individual's presentation, most Long Covid patients find that after two or three weeks of regular treatment they are seeing a dramatic return of their energy levels, clearing away of "brain fog", less aches and pains, resolution of sore throats and swollen glands, improvement in respiratory and stomach issues, and deep restful sleep. Those patients who are able to implement the home-care recommendations we offer regarding diet and nutritional supplementation are often able to reduce their recovery time even more.

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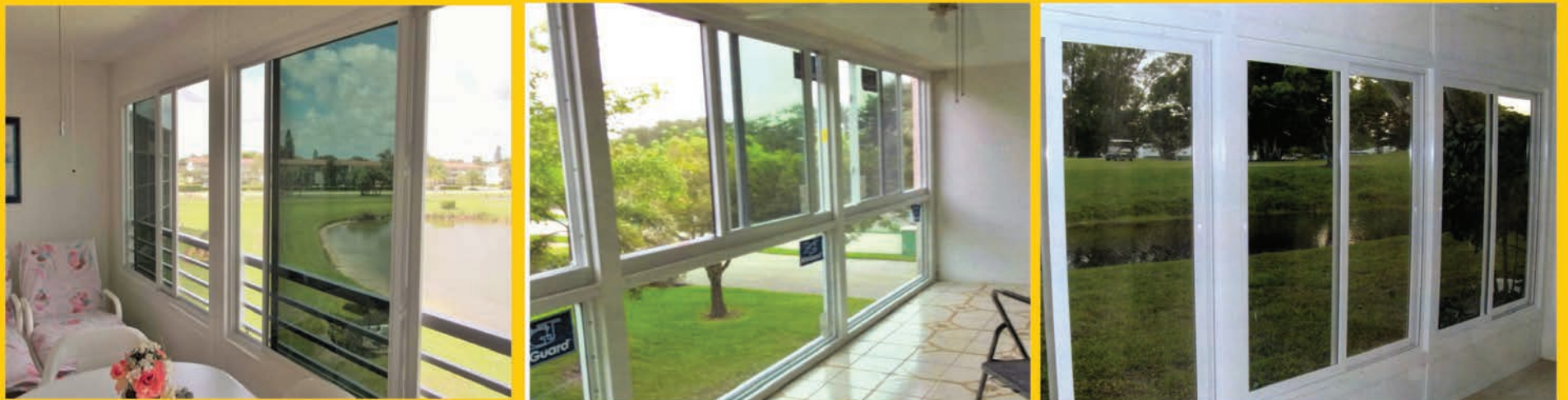
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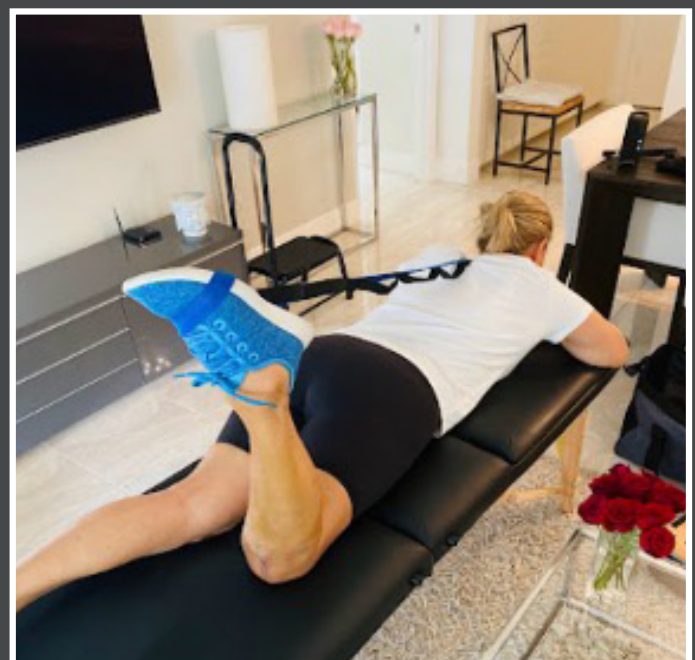
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### An Accident NOT Waiting To Happen

By Pete Hardis

In 2010 Hyundai rolled out a completely redesigned Sonata. Whenever I saw it, especially in white, I fell in love with it. So, in August 2010 I decided to purchase the 2011 model.

I was so proud of my new car. Besides having the look I liked so much, it was also a dream to drive. A bonus was that so many people who saw it told me how beautiful they thought it was. It is now 12 years later, and I still own and love my car.

Because I am not a person who likes to wander far from home is the reason my 12-year-old car has only 65,000 miles on it.

Since moving here 7 years ago my car's favorite destination is going to Publix Supermarket which is less than a half mile from where I live. In fact, the other day the two of us were discussing how many times we thought we went to Publix over the course of the 7 years. By my calculation I told it that we must have made the trip 525 times.

My Sonata quickly chimed in and said, "Pete, you must be crazy. Your math is completely wrong. Don't you see that if we've been here 7 years, and we average 2 trips to Publix a week, which we do, then we have been to Publix 728 times." Boy, was I embarrassed! My car was absolutely right! After I apologized to it, I wondered how I could have been so wrong?

One of the things my car is grateful to me for is that in the 12 years we have been together, because of what kind of great driver I am, my Sonata didn't have any dents, scratches, or scrapes on any part of its body. It always looked as if I just drove it out of the showroom.

That was how it was until two weeks ago. Apparently when I was backing up out of a parking space, I misjudged that a garbage dumpster was lurking out of sight. Unfortunately, I drove the driver's side rear bumper into the dumpster causing my beautiful car to sustain it's very first injury since we've been together. The injury wasn't life threatening, or even that bad, but non the less, neither one of us were happy that there was a scrape on its body.

The one thing I didn't anticipate was how angry the car was with me, and in no uncertain terms it let me know how it felt about having the scrape, "Pete, you better get me fixed or I'm afraid that our 12-year friendship will be in serious jeopardy."

My car's reaction really scared me because I have learned that whenever a car no longer likes its owner it can retaliate by suddenly developing unexpected expensive mechanical issues. Being aware of this I made up my mind that I would have the scrape repaired.

I wound up taking it to a very reputable collision shop. When I arrived to get an estimate, the man doing the estimate was really taking his time looking over the damage. Because of my pending appointment with my urologist, I suggested to him to figure out how much it would cost to repair

it and email the estimate to me. He agreed.

As I was backing out to leave the collision shop my rear bumper happened to "kiss" the front bumper of the car behind me. Not thinking much of it I continued to drive toward the gate to leave. But then in my rearview mirror I saw the estimator running after me yelling, "STOP!!!"

I opened my window.

"Mr. Hardis, you did something that I don't think ever happened in any collision place in the history of collision shops. I said, "what are you talking about?" "Take a look at what you did." I got out of my car, and he began to show me all the damage I caused to the other car as I was backing up. "See what you did? YOU CAUSED A COLLISION! This is an accident NOT waiting to happen. I'll have to check 'Ripley's Believe It Or Not' about this. It is the most unbelievable thing I ever saw; a customer coming for an estimate at a collision shop because of his own collision and causing a collision in a collision establishment. I'm sorry, but you will have to pay for the damage you caused to the other car before you leave.

After shelling out the \$785.33 I rushed to try and make it to the urologist on time. When I got there the office manager said to me, "You missed your appointment. We will have to charge you \$75 just as the sign over there says... Why don't we setup another appointment?"

When I got into my car to go home after such a horrible day I told it, "You know, after all the money I had to shell out today, I'm not in any mood to have your scrape repaired anytime soon!"

Apparently, my car also felt it had a say in the matter because when I went to go to Publix the next day, my battery was dead.

### A Remarkable Young Man

By Lawrence E. Correia

Whenever I move into a new area, one of the first things I like to seek out are the places to shop and to eat. There were many department and grocery stores in the area along with a variety of restaurants in the area which included Chinese, Japanese, Thai, Greek, Jamaican, Mexican and Delis but one stood out from all the others. It was a Colombian restaurant called "El Balcon de Las Americas" in English it means "The Balcony of the Americas." The proprietor of this establishment Roberto Velez set a pattern of service and great food that made it quite unique. Don't get me wrong there are other remarkable restaurants in the area but this one tends to give you the feeling of being in a hometown setting of dining among friends. This atmosphere did not suddenly burst into being by some sort of magic but was slowly developed by Roberto and his family. To truly understand how this came about one must investigate the development of the man and his family that made it a reality.

Roberto was born in Medellin, Colombia and was raised on a farm by his

*Continued on page 24*

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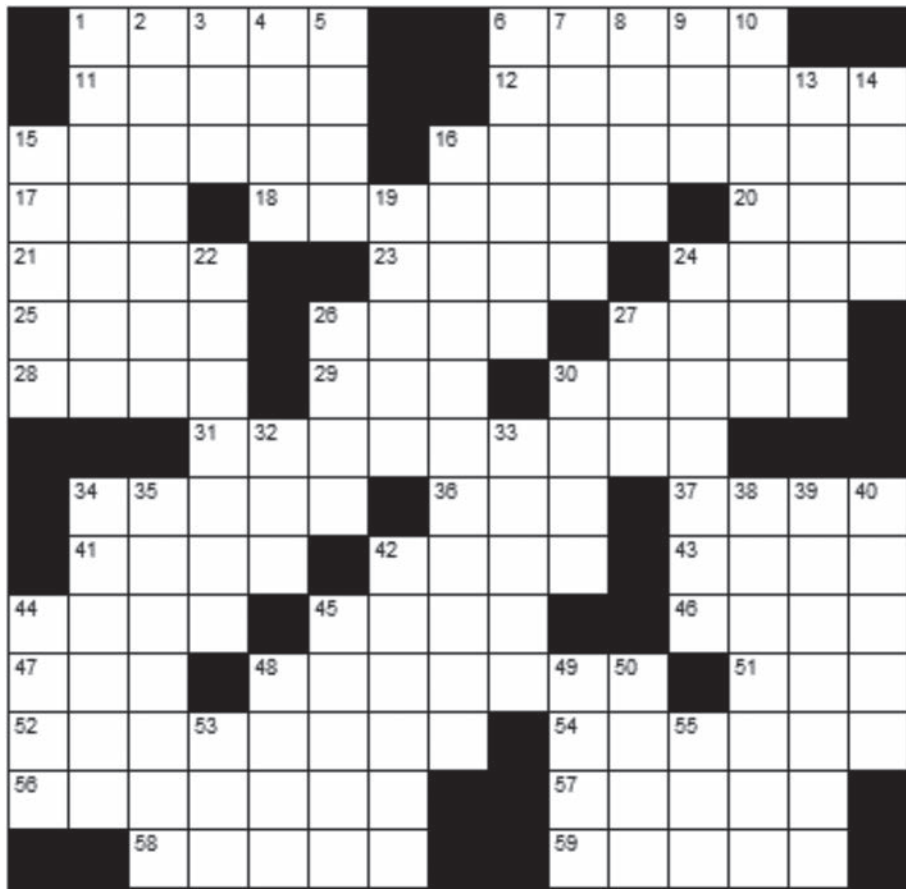
  
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# Puzzles and Games

Solutions on page 47

## Crossword Puzzle



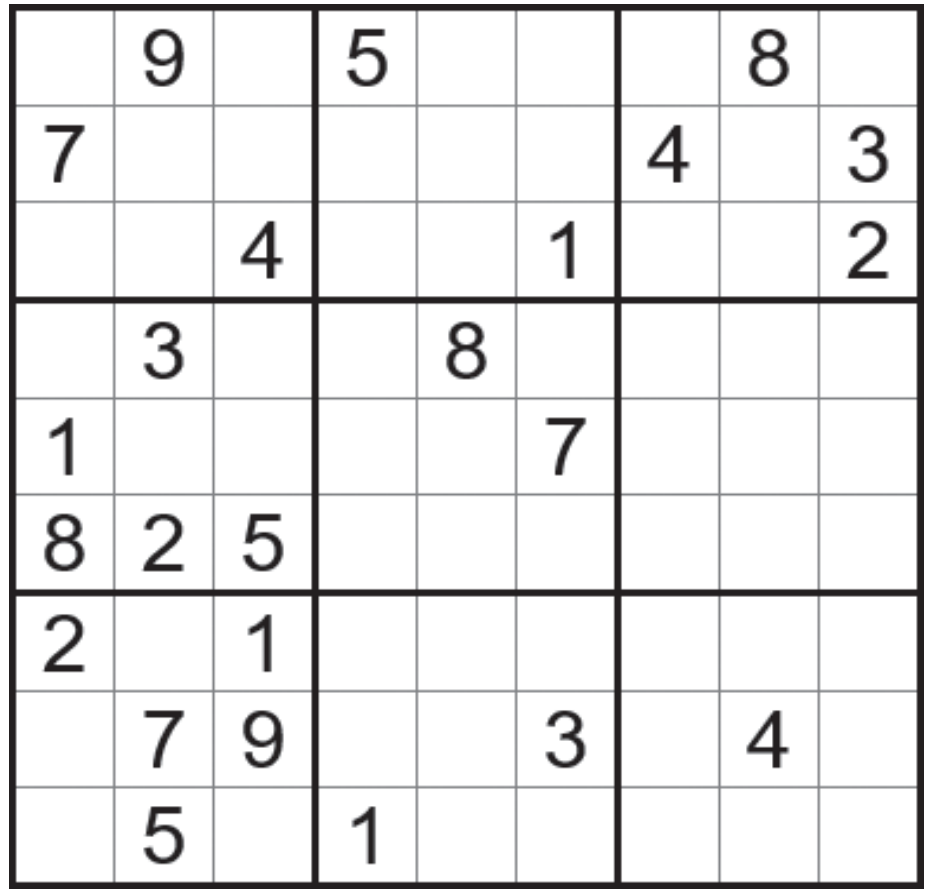
**ACROSS**

- 1. Lustrous fabric
- 6. Fastener
- 11. Exchange
- 12. Sightseer
- 15. Bigger
- 16. Someone with dark brown hair
- 17. Greek letter
- 18. One who adores
- 20. Convent dweller
- 21. Albacore or bluefin
- 23. Hang around
- 24. Jewels
- 25. Desire
- 26. Make a sweater
- 27. Astrological transition point
- 28. Jury member
- 29. Evening (poetic)
- 30. Squeeze
- 31. Wears out one's welcome
- 34. Antelope of India
- 36. Right after nine
- 37. Droops

**DOWN**

- 41. Annual high school dance
- 42. Caprine animal
- 43. Beige
- 44. Crumbling earthy deposit
- 45. Cone-bearing trees
- 46. A swinging barrier
- 47. Form of "to be"
- 48. Coloring
- 51. Henpeck
- 52. Definitions
- 54. Bearish
- 56. Kind of gland
- 57. Flavor
- 58. Inscribed pillar
- 59. Velocity
- 10. Spectator
- 13. Base part of trees
- 14. Anagram of "Sent"
- 15. Abatement
- 16. Cogitates
- 19. Proprietor
- 22. Spray can
- 24. Reckoned
- 26. Eager
- 27. Weep
- 30. Breathe hard
- 32. Get-up-and-go
- 33. Josh
- 34. Refrain from harming
- 35. Past-due debts
- 38. Monkshood
- 39. Moaned
- 40. Upwell
- 42. Little laugh
- 44. Mother
- 45. Last
- 48. Durable wood
- 49. Daft
- 50. Snare
- 53. Mesh
- 55. South southeast

## Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

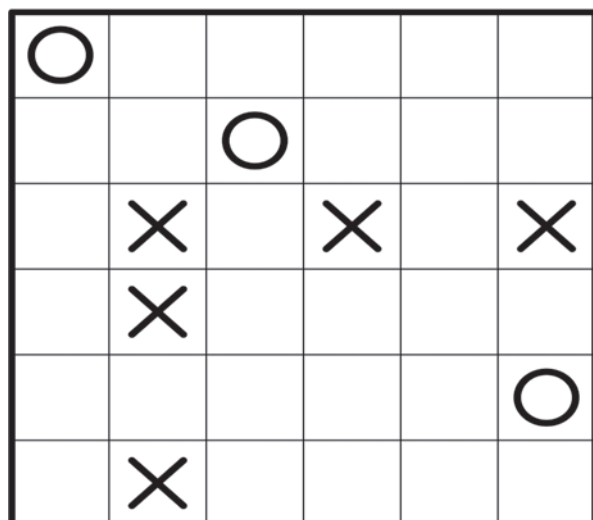
## Newspaper

Find and circle all of the summer words that are hidden in the grid. The remaining letters spell an additional summer item.



- |                |               |               |                  |
|----------------|---------------|---------------|------------------|
| ADVERTISEMENTS | CULTURE       | INTERNATIONAL | PUZZLES          |
| ARTS           | EDITORIAL     | INTERVIEWS    | RACK             |
| BOOKS          | ENTERTAINMENT | LETTERS       | REPORTER         |
| BUSINESS       | EVENTS        | LIFESTYLE     | REVIEWS          |
| CIRCULATION    | EXTRA         | LOCAL         | SECTIONS         |
| CLASSIFIEDADS  | FAMILY        | MOVIES        | SPORTS           |
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| COLUMNS        | FINANCE       | OBITUARIES    | TECHNOLOGY       |
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| COOKING        | HOME          | POLITICS      | WEATHER          |
| CROSSWORD      | INSERTS       | PUBLISHER     |                  |

## Binox



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The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.





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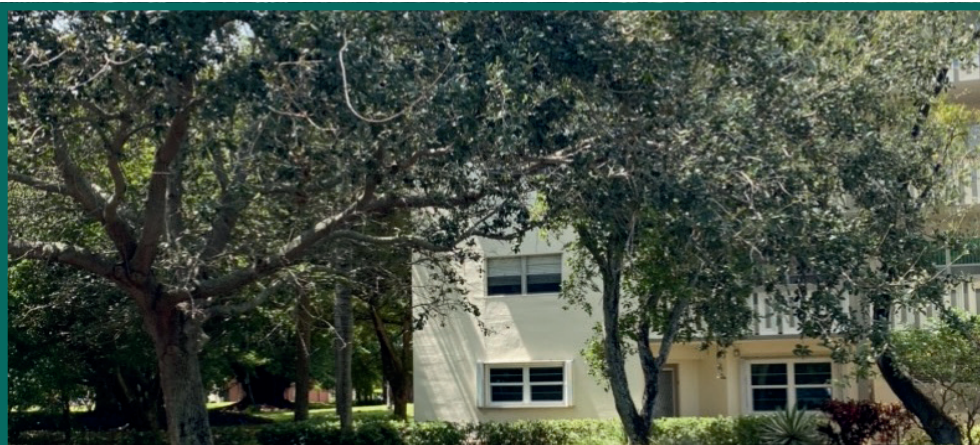
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# TUNE-IN

The Knight Cap show with me, Cappy Pillon and Allan Knight. Every Sunday from 2:00 p.m.-4:00 p.m. on WWNN AM 1470 or you can get it on I Heart Radio, and Roku - just say WWNN AM 1470.



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Please come see our condo – you might fall in love like my mom did 17 years ago!









# Balance and Aging

By Ron Molino, Certified Personal Trainer

For the last six months or so, I have been writing about balance and aging. As I have stated from the beginning, there are many reasons or conditions that effect balance. The issues that I tried to address were the things that a fitness instructor would have knowledge of. However, some of the conditions are more of a medical issue such as medications, vision and or hearing, injuries, and a variety of other conditions. I'm going to cover something different this month and probably next month also. I have noticed lately with people I come in contact with, some a little older and some not so old. There seems to be more cognitive issues, such as forgetting, repeating, depression, lack of motivation and some other behavioral issues. We know some of these are an aging issue. I think there are some other contributing factors. First, after the lockdowns and isolation and the fears and emotions that went, and still are present in some people, I believe that was and is a big issue. People are concerned about health, gaining, the economy, politics and a variety of negative brain draining issues. Your brain needs exercising. I did some research into brain stimulation and found a variety of things that can be done to improve brain function. I'll go over some of these things this month and the rest next month. You don't have to do all of them but pick the ones that appeal to you and that you think you can do. Most of these you probably have done some time in your life.

1. Try jigsaw puzzles.
2. Crossword puzzles or sudoku.
3. Play cards, whether you play solitaire or with others.
4. Dance, try some simple steps. It's fun, it's social and it's exercise without thinking its exercise.
5. Learn a new skill or take up a hobby. We have many different arts and crafts in Wynmoor.
6. Teach a skill. It is very rewarding. I have been teaching exercise for many years and also have given dance lessons both here in Wynmoor and privately for many years also. Both have been very rewarding when you see results in others.
7. Try learning a new language. This will really tax your brain.

I will continue with more next month. Remember you must take the initiative to do these as they are not going to happen on their own. If you need some encouragement give me a call at 954-673-6700. I can't guarantee what results you will get, but I can guarantee it will get worse if you do nothing. Until next month, be well.

Ron



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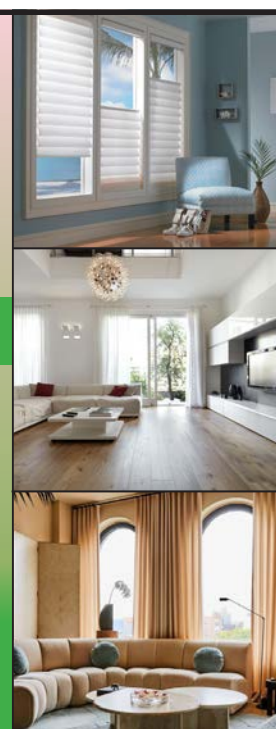
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After 15 long years inside the Wynmoor Clubhouse, we are moving to a more expansive and beautiful Sales Gallery to provide our valued customers with an improved customer service experience and an upgraded space to conduct business.

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**Michael Slute**  
954.295.9351



**Marienza Rivera**  
954.608.2874



**Patricia Vasquez**  
561.430.9424

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# SEASON

## LINE-UP

# 2023

# SHOWS

## THEATRE SHOWS THIS SEASON

### JANUARY

DAY	DATE	TIME	SHOW
Saturday	1/07/2023	8 PM	The Real Miami Sound Machine with Gloria Estefan Tribute
Thursday	1/12/2023	8 PM	Simon and Garfunkle Tribute
Saturday	1/14/2023	7 PM	Robert Klien
Thursday	1/19/2023	8 PM	Carpenters Tribute
Saturday	1/21/2023	7:30 PM	David D'Or
Wednesday	1/25/2023	8 PM	Bronx Wanderers
Saturday	1/28/2023	8 PM	Absolute Queen

### FEBRUARY

DAY	DATE	TIME	SHOW
Thursday	2/02/2023	8 PM	Comedy - Monique Marvez & Mike Marino
Saturday	2/04/2023	8 PM	Tapestry Carol King Tribute
Saturday	2/11/2023	8 PM	Brooklyn Bridge
Wednesday	2/15/2023	8 PM	Little Anthony
Saturday	2/18/2023	7:30 PM	Dudu Fischer
Thursday	2/23/2023	8 PM	Charo
Saturday	2/25/2023	8 PM	Modi

### MARCH

DAY	DATE	TIME	SHOW
Wednesday	3/01/2023	8 PM	Dance Troup
Thursday	3/02/2023	8 PM	Dance Troup
Saturday	3/04/2023	8 PM	Echos of Platters & Drifters
Wednesday	3/08/2023	8 PM	Bobby Collins
Saturday	3/11/2023	8 PM	Sarge
Thursday	3/16/2023	8 PM	Spinners
Saturday	3/18/2023	8 PM	Tom Cotter
Thursday	3/23/2023	8 PM	Abbacadabra
Saturday	3/25/2023	7 PM	Clint Holmes & Earl Turner



# GRAND OPENING!

## Resident Services Office

Welcome our New Residential Service Unit, featuring Wynmoor Identification Cards and Vehicle Barcodes! This office is located at the Country Clubhouse at the previous Real Estate Office. We are open Monday - Friday from 9:00 a.m. - 4:00 p.m. to assist those in need.

Don't forget to get your '2023' Sticker.

**GRAND OPENING!**

Don't Forget to **UPDATE** Your Wynmoor ID Card

**FOR UNIT OWNERS & RESIDENTS ONLY**

**HOW TO UPDATE**  
 For Sticker Update Only:  
 Monday - Friday, from 9:00 am - 4:00 pm at the Country Clubhouse.  
 \*No appointments are required.\*

**WHY SHOULD YOU UPDATE?**  
 An updated ID allows residents to enjoy Wynmoor amenities, such as the Fitness Center, Theatre, Recreation Activities & much more.

**WYNMOOR**  
 www.wynmoor.com

## The Original Studio54 Band

The Original Studio54 Band is one of South Florida's most sought-after groups. The band was ranked the #1 cover band in Florida, #42 throughout the entire USA, and #70 globally by Reverb Nation. The group has headlined corporate events, Fundraisers, Weddings, Private parties, Clubs & Theaters. Studio54 will keep your feet happy playing the most popular music of the 60's, 70's, 80's and 90's, as well as top Soul and Latin beats.

Ticket sales to members will run through January 6th. A very LIMITED number of \$15 non-member tickets MAY be available on a first come first serve basis for this event beginning on January 7th.

FWF2 members, please watch your email for registration information.

Our future dance event schedule is as follows: Sunday, February 19th • Sunday, March 19th • Sunday, April 16th.

We will announce the musical talent as we get closer to each event. Please contact us at FunWithFriendsWyn2@Gmail.com if you have any questions.

**The Original STUDIO 54 BAND**

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**the Original Studio54 Band**

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# Challah Deliveries

The students of the South Florida Jewish Academy deliver challah to residents of Wynmoor. To arrange for a visit and a challah please call 954-371-9412.



## An Inspirational Thought For The New Year

*“What you do makes a difference, and you have to decide what kind of difference you want to make.”*

*—Jane Goodall*



Wynmoor women making mezzuzas at Chabad Coconut Creek

## MIB Men in Black

By Delio Silva

For many years, Wynmoor residents have been getting together once a month from December through March, for an outing and luncheon together.

In December, we visited The Dauer Museum of Classic Cars in Sunrise and afterwards we all had a great lunch at Flanigan's.

This group has remained a constant over the years and continues to grow in popularity.

We look forward to our times together.



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## You've Tried The Rest, Now Try The Best Temple Beth Am, Margate

By Linda Storfer

HAPPY NEW YEAR! With a New Year comes new ideas, inventions, innovations, dreams, and aspirations. On personal level, millions of people make resolutions for their own self improvement, which is manifested in losing weight, sticking to their diets, going to the gym and exercising more frequently, quitting smoking, drinking, etc. What about on a macro or global level? Would not it be nice to wake up to a world where there were no more wars, killing of innocent civilians, no more human trafficking, sex trafficking, spousal and child abuse, substance abuse and racism. In the past few weeks anti-Semitism has grown at an unprecedented rate both domestically and worldwide. Not only are hate and bias crimes spiraling in the Jewish community but also, in the Black, Asian and LGBTQ communities as well. Today we see hate crimes everywhere - in synagogues, churches, schools, playgrounds, malls, college campuses, private homes, and offices. People like Kanye West, a mentally disturbed individual, now known as Ye calls for the killing of Jews and praises Hitler in an interview with the conspiracy theorist Alex Jones. Kyrie Irving, the basketball player appeared to promote an antisemitic film on social media. Elon Musk, Twitter's new CEO grants amnesty to suspended accounts and gives these dangerous individuals a platform on which to spew their venom, lies and falsehoods about the Jews and other minority groups. And then there is Israel, a longtime punching bag for both the extreme left and right. A new report ranks the Jewish state as one of the world's strongest, most equitable democracies-despite baseless falsehoods about its oppression of Palestinians. To be anti-Semitic today is equated with being anti-Israel and anti-Zionistic. These are very frightening and dangerous times that we are living in. It is unacceptable to remain silent. Jews, Christians, Muslims, and all decent law-abiding citizens have a moral obligation and duty to speak out when these lies and words of hatred are spoken or written.

Turning to much a happier subject, our beautiful synagogue is bursting with great festivities and offerings for January and the coming months. If you really want to feel good and experience total enjoyment mark your calendar and join us on Sunday morning January 8th at 10:00 a.m. for Sisterhood's Broadway Brunch. This event is a sing-along and will have you joining in to sing some of your favorite tunes from Broadway shows including Annie, Hair, Man of La Mancha, The Music Man, Cabaret and My Fair Lady just to name a few. Add to this a NY style brunch, trivia and a raffle prize and you have got a great way to start off the New Year. Everyone in the community is welcome to attend including nonmembers of the synagogue. If you are feeling spiritual, make sure to join us for services on Saturday, February 4th for an all women led service presented by many of the wonderful ladies of Temple Beth Am. If you missed the Motown Tribute at Wynmoor last month, no worries our dynamic Men's Club is bringing in a fantastic group that will blow the roof off the theater on Sunday, January 29th at 7:30 p.m. The MOTOWNERS will have you dancing in the aisles as they take you back to the music of the 60s, 70s, and 80s. Our Adult Education Department is presenting some brand-new classes taught by our Senior Rabbi, Rabbi Michelle Goldsmith. One of the new classes, The New Jewish Canon will be offered on January 5th, February 2nd and March 2nd on Thursdays from 7:00 - 8:00 p.m. A special lecture WHAT DOES JUDAISM SAY ABOUT THE AFTERLIFE will be presented on Sunday, January 29th by Rabbi Goldsmith from 12:00 noon - 1:30 p.m. BINGO IS BACK and more fun than ever with great cash prizes and good food for sale every Monday evening and Wednesday morning and afternoon. We can always use new players and volunteers to help us run these events. If you would like to attend services, we are open seven days a week and have in addition to our Friday night Sabbath services at 6:00 p.m. and Saturday morning services at 9:30 a.m., daily morning and evening services starting at 7:30 a.m., 8:30 a.m. on Sunday and evening services at 6:00 p.m. If you are unable to attend in person call the office and find out how to participate online. If you would like more information about these or any other upcoming events, please check out our website [www.beth-am.org](http://www.beth-am.org) or call our office at 954-968-4545. We are located minutes away from Wynmoor at 7205 Royal Palm Blvd and our office is open Monday-Thursday from 9:00 a.m. - 5:00 p.m. and on Friday until 12:00 noon.

WISHING EVERYONE A HAPPY AND HEALTHY NEW YEAR!

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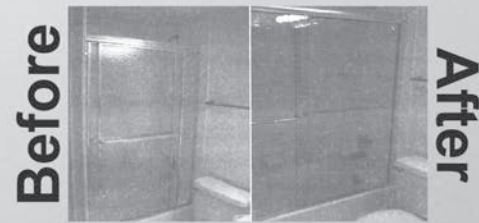
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<b>Bifold Door</b>		
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# Freedom From Bladder Problems

Hi!!! My name is Evette Weiss, I use to wake up 2 or 3 times a night to go to the bathroom. After treatments from Dr. Herman, I now sleep 7 or 8 hours per night without waking up to go to the bathroom. I had been leaking urine when I laughed, coughed or sneezed, but I no longer suffer from this problem. My goal is to help other men and women who may suffer from this embarrassing situation.

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## Time for New Year's Financial Resolutions

It's that time of year when many of us promise ourselves we'll go to the gym more, or learn a new language, or take up a musical instrument, or any number of other worthy goals. But this year, when making New Year's resolutions, why not also consider some *financial* ones?

### Here are a few to consider:

- **Don't let inflation derail your investment strategy.** As you know, inflation was the big financial story of 2022, hitting a 40-year high. And while it may moderate somewhat this year, it will likely still be higher than what we experienced the past decade or so. Even so, it's a good idea to try not to let today's inflation harm your investment strategy for the future. That happened last year: More than half of American workers either reduced their contributions to their 401(k)s and other retirement plans or stopped contributing completely during the third quarter of 2022, according to a survey by Allianz Life Insurance of North America. Of course, focusing on your cash flow needs today is certainly understandable, but are there other ways you can free up some money, such as possibly lowering your spending, so you can continue contributing to your retirement accounts? It's worth the effort because you could spend two or three decades as a retiree.

- **Control your debts.** Inflation can also be a factor in debt management. For example, your credit card debt could rise due to rising prices and variable credit card interest rate increases. By paying your bill each month, you can avoid the effects of rising interest rates. If you do carry a balance, you might be able to transfer it to a lower-rate card, depending on your credit score. And if you're carrying multiple credit cards, you might benefit by

getting a fixed-rate debt consolidation loan. In any case, the lower your debt payments, the more you can invest for your long-term goals.

- **Review your investment portfolio.** At least once a year, you should review your investment portfolio to determine if it's still appropriate for your goals, risk tolerance and time horizon. But be careful not to make changes just because you feel your recent performance is not what it should have been. When the financial markets are down, as was the case for most of 2022, even quality investments, such as stocks of companies with solid business fundamentals and strong prospects, can see declines in value. But if these investments are still suitable for your portfolio, you may want to keep them.

- **Prepare for the unexpected.** If you encountered a large, unexpected expense, such as the need for a major home repair, how would you pay for it? If you didn't have the money readily available, you might be forced to dip into your long-term investments or retirement accounts. To prevent this, you should build an emergency fund containing three to six months' worth of living expenses — or a year's worth, if you're retired — with the money kept in a low-risk, liquid account.

These resolutions can be useful — so try to put them to work in 2023.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

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# The Liberal Jewish Temple

By Lee Temares and Iris Arlan

Happy New Year! But more about new years later. Services at Waterside Landing will be on Friday, January 6th and 20th at 7:30 p.m. As always, everyone is welcome. Remember, membership is still only \$100 per person. Please look at our Facebook page or go to [www.ljtcc.org](http://www.ljtcc.org) for more information. For information about the Liberal Jewish Temple call Iris at 954-532-5268. For Reform Jewish Ritual information call Lee at 954-968-4236.

How about some fun and games. Get your group together for some Mahjong, Canasta or even Rummy Cube. How about a little Poker for the men. We can't forget them. A Card and Game Party is scheduled for Sunday, February 19, 2023 in the West Wing from 10:00 a.m. to 3:00 p.m. with lunch being catered by the Bagel Snack. Cost is \$15. Come join us for a fun day out. For reservations call Ruth Andriani at 347-526-4621. Look for our advertisement in the Insider News. Flyers will be posted in the Game rooms and the Library.

Most of you have heard that Jewish Holidays are too early, too late, but never the right time. What calendars do we use, and how did we decide?

**The Hebrew Calendar:** This is the one we use to figure out Jewish religious observances. It is the official calendar of the state of Israel. Among its ceremonial uses, it determines the dates for the reading of Torah portions, dates to commemorate the death of a relative (yahrzeits), and daily psalm readings.

The Hebrew calendar we use today is the result of many changes throughout the years. It is a lunisolar calendar. Before 220 of the common era the calendar used a system which combined change observing the sky and natural agricultural events. In approximately 200 to 500 of the common era that system was gradually changed by using the mathematical rules of the Metonic cycle used today. The rules for this calendar were codified by Maimonides in the 12th century. He also replaced counting the years since the destruction of the Temple with the modern creation of Anno Mundi (the year the world was created).

The Metonic cycle is 19 years and brings the lunar year in line with the solar year, with the addition of a month every two or three years. AM 5783 began at sunset on September 25, 2022 and will end at sunset on September 15, 2023.

**The Gregorian Calendar:** The civil calendar we use today was instituted by Pope Gregory the 13th in 1582. The calendar has 365 days with an extra day every four years except for years divisible by 100 but not divisible by 400. The Gregorian calendar replaced the Julian calendar.

**The Julian Calendar:** Julius Caesar proposed the Roman calendar in 46 BC. It was designed with the aid of Greek mathematicians and astronomers. It was in effect until 1582, when it was replaced by the Gregorian calendar this calendar is still used by some in the Eastern Orthodox Church.

**The Roman Calendar:** This calendar used a complicated system of counting days, months, cycles, religious rituals, the public market, etcetera. Politics played a real part in this calendar with those who were in charge making years longer.

So, Happy New Year!

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# Service Equals Reward

By Sheriff Gregory Tony

## Building On Our Successes

To build something great, it starts first with a strong foundation. The Broward Sheriff's Office is constructed intentionally with each component dependent on the next for structure, strength, and durability. The innovative programs and initiatives we have put in place are contributing to a safer Broward County and are paving a path toward continued success. Continue reading to learn more about some of these exciting new initiatives.



furthering our commitment to public safety.

### ADVANCEMENTS IN TECHNOLOGY

As our training becomes increasingly proficient, so too does our technology. Recently, BSO's **Crime Lab** acquired a high-tech instrument that better sequences DNA to identify people. The machine can help determine specific information about the person the DNA came from, including hair and eye color. This valuable new tool will aid in investigations of homicides, sexual assaults, and acts of terrorism. It can also be used to identify human remains.

### AWARD-WINNING SPECIALIZED UNITS

Lastly, I want to recognize our regional specialized units, which continue to grow in their accomplishments. These units work daily to assist all residents of Broward County and other local public safety

### BSO CO-RESPONDER PROGRAM

A cornerstone of our foundation is our commitment to helping individuals suffering a mental health crisis. BSO's new **Co-Responder Program** is an innovative approach to assisting individuals in crisis by pairing a Crisis Intervention Team (CIT) trained deputy with a licensed mental health clinician to respond to calls for service. Their collaboration provides immediate advantages as they are able to more accurately determine the needs of the person or persons in distress and connect them to the necessary community resources.

### BSO TRAINING CENTER

CIT is one of the many types of training we have at BSO. In only a few years, we have raised the training standards for all our first responders and agency personnel. Soon we will be able to house all this training under one roof. Construction crews are making incredible progress on BSO's state-of-the-art **training center**. Once completed, the 103,000-square-foot facility will be the first dedicated on-site training facility in our organization's 107-year history. The training center will undoubtedly be one of the best in the state and mark a significant milestone that will bring us closer to

agencies. Last year, BSO's **Aviation Unit** received worldwide recognition for its excellence, winning the 2022 Leadership in Police Aviation Award from the International Association of Chiefs of Police and the Teledyne FLIR PURSUIT award. In the first ten months of 2022 alone, the unit directed deputies on the ground to make nearly 1,000 arrests. The BSO Aviation Unit, and all our specialized units, such as K-9 Unit, Bomb Squad and Hazardous Materials Unit, respond wherever needed. These units have made our county immeasurably safer, and I'm confident they will continue to make great strides in the coming year.

This highlights only a few of the many new and exciting programs we will continue to build upon in 2023. We have a lot to look forward to.

Happy New Year!

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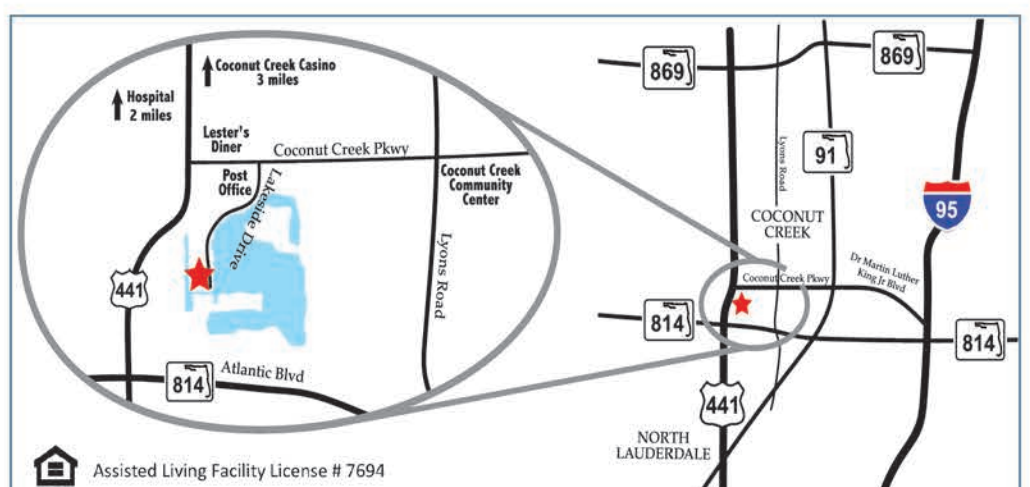


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# POETS *and* POETRY

## *Petite Not Small*

By Larry Band

*Petite is a size that does enjoy loads of advantages.  
Including that good things come in small packages.  
As such petite means more than just small  
And much more than tiny and not at all tall.*

*So, when petite is mirrored in a see-it-as-it-is, focus  
And its realities examined, absent any hocus pocus.  
Petite is the tiny size informing ideals of grace and its dynamic  
Inspired and empowered as the harbinger of a female's magic.*

*Yet petite is not a shoe fitting for all women.  
And its meaning is rarely applied to men.  
But, absent the essence of grace, petite will mean only small  
For without grace, the feminine magic of petite goes AWOL.*

## *Nothing Exists Without a Beholder*

By Larry Band

*Those lovely and beautiful flowers  
Arrive in the midst of April showers  
Grown naturally or seeded in a clay pot  
By a knowing florist, or by one who is not  
By a budding genius or by a blooming idiot.  
Regardless of maker, that flowering beauty will not illusions be  
So long as there are beholders in whose eyes such beauty to see.*

# WYNMOOR Golf *and* Tips

By Kevin Battersby, PGA

## Golf Resolutions for 2023

**Putting** - Strive to have enough pace or speed on your putts to have the ball roll 18 inches past the hole. This helps counteract the subtle breaks and green imperfections. This strategy works better on uphill and level putts in Florida. I believe less emphasis on this Dave Pelz's research on speed if your greens are very fast like some up north on bluegrass greens.

**Stance** - If your inclination is to not have a square stance where your toes are in the same line at address or "square" close your stance. The lead foot is a few inches closer to the ball and trail foot further from ball at address. This "power stance" is often used to promote a draw or hook on your shots. Your path will be more inside out to promote this right to left flight for right handed golfers. Probably best used for middle and long clubs.

**Grip** - Strive to have your lead hand more in the fingers so you can see two to almost knuckles on your hand as opposed to one knuckle.

In your trail hand a better error for more distance put club more in your hand. With this in mind you will see more of your fingernails on this hand again for more distance through a draw on your shots.

**Backswing** - Low and slow to start and allow your hands and arms to pull on your bigger muscles to create your turn and pivot. Big swing equals big turn - small swing smaller turn.

A good exercise to promote this idea is to hit balls with a narrow stance or feet closer together. You will instinctively set up the right sequence of your backswing by allowing your hands and arms to initiate your backswing and your body following. The beauty of this is that as your body moves last in your swing ie. your legs, it allows for the reverse sequence on your forward swing. Your lower body now can initiate your downswing as is common taught in most instruction manuals.

More pars and birdies in 2023!

Best, Kevin Battersby, PGA

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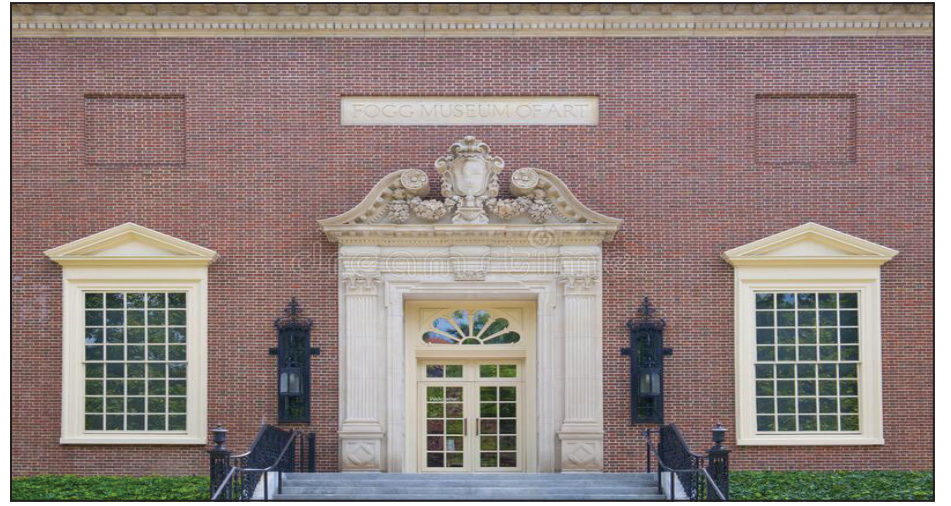
# A Joyful Return To Harvard and The Fogg Art Museum

By Barry Isaac

In mid-November, I returned to the Fogg Art Museum on the lively campus of Harvard University in Cambridge, Massachusetts. It had been eight years since my previous visits. I spent two quality days examining its superb Art Collections. This review emphasizes its fine, but not necessarily encyclopedic collection of Old Master European Paintings from the 13th Century up to the 19th Century.

I relished delightful Medieval Period Italian Paintings by Master of Cosmas and Damian “Virgin and Christ Child,” has Byzantine Characteristic, Master of Camerino, Simone Martini, Roberto Oderisi “Christ With Instruments of Passion,” Bernardo Daddi, Luca di Tomme, Taddeo Gaddi “Stigmata of Saint Francis,” Ambrogio Lorenzetti “Crucifixion,” Pietro Lorenzetti, Taddeo di Bartolo, and Master of Fogg Pieta, among others. I saw its impressive collection of Medieval French Relics produced in Limoges. All of the Italian Paintings that I mentioned employed egg tempera on wood panel. The Fogg’s collection of Medieval Art is one its strengths.

I enjoyed its fine collection of Renaissance Period Italian Paintings, especially produced by Fra Angelico (Early Renaissance), Sandro Botticelli, Giovanni Dei Paolo “Nativity,” Piero di Cosimo, Fillippo Lippi, Matteo di Giovanni “Saint Jerome In His Study,” and Lorenzo Lotto. Among others in the 15th Century, Florence was the dominant city for Italian Art. During first half of the 14th Century, Siena was the dominant city for Italian Art. I was also captivated by fine Northern European Renaissance Paintings by the Master of Catholic Kings “Presentation in Temple,” Jan Provoost, Aelbert Bouts “Mater Dolorosa,” Lucas Cranach the Elder, and Master of



Saint Ursula Legend “Virgin and Child With Angels.”

I saw fine paradigms of Mannerist Baroque Period Paintings by Orazio Gentileschi (associated with Counter Reformation Art), Scipio Pulzone, Nicholas Regnier “Self Portrait With Painter Painting,” Carraciolo “Joseph and Potiphar’s Wife,” Judaic theme, Guiseppe Ribera “Saint Jerome,” and Phillippe de Champaigne “Saint Joseph,” among others Mannerist Painting employs exaggerated light and darkness.

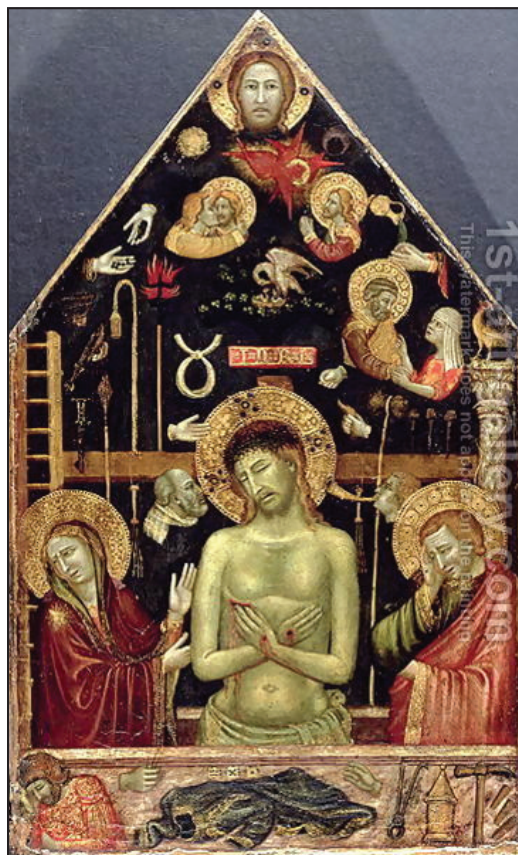
I liked its fine room with splendid Dutch Master Paintings by Rembrandt “Old Man,” Emanuel de Witte (fine interior of a Protestant Dutch Church), Jacob Van Ruisdael, Jan Steen “Gallant Old Man Courting Young Woman,” and Jan Vander Heyden “The Dam and Damrak, Amsterdam,” among others.

18th Century favorites included paintings by Jean Fragonard, Jean Baptiste Greuze, Jean Ingres “Odalisque,” Anton Von Maron, and American John Copley with his fine use of Chiaroscuro, and Jacques Louis David, among others.

I realize the Fogg Art Museum has an outstanding collection of 19th and 20th Century European Paintings, but I decided to limit my review to its Old European Masters. If you visit Boston, I hope you enjoy the Fogg Art Museum as much as I have, especially if you enjoy the study of Art.



Rembrandt’s “Bearded Old Man”



Roberto Oderisi



Taddeo di Bartolo



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## ASK DR. JOY

By Joy Berke Sanchez Ph.D.



First of all Happy New Year. Have a positive and blessed year and picture every wonderful thing you want coming into existence.

What habits do you have? What is a habit anyway? The definition we will be using for this article is any behavior that is done repeatedly and automatically that is not under direction of our autonomic nervous system. So, breathing, although repeatedly and automatically is not part of what is included here today.

So, what is included? The obvious things like smoking, drinking, obsessive eating, gambling, shopping, etc., of course. But what about things like complaining, sadness, depression that is not biochemically produced, anger, worrying, anxiety, negative thinking, hypochondria, and many others that I can't think of offhand. On the other side of that are fun things to do, positiveness, smiling, loving others and yourself, exercise, creative outlets, inner peace, and an overall sense of enjoying life. These are all habits.

I was speaking to a woman this morning who told me that she worries about everything and everyone and that she was just born that way. I disagreed and said that I saw her constant worry as a habitual, automatic response to almost any situation in her life and that it could be consciously and deliberately changed if she wanted. Another person who thought as I did, joined the conversation, and said some things that I would probably not say to anyone who was not a client. She told the woman that she was fighting for and defending her limitations and making herself a victim. The conversation between them got heated and I removed myself from it. It did, however, lead me to think about the habit of worry and anxiety. Was it a default position that over time became her habitual go-to emotion and could it be changed by deliberate intent? I have a position on this, but I'd really think it would be great if you all thought about it and decided for yourself.

Another thing I experienced was attending a Guillain-Barre chapter meeting. Most people are not familiar with this rare neurological disease and its worse counterpart CIDP, but I had GBS several years ago and wanted to volunteer to help the foundation and also have some of my questions about residual issues answered. There were quite a few people present and all were eager to discuss their experiences, I had a somewhat difficult time relating on a personal level to the CIDP patients and don't really know what they were going through. But the GBS people, some of whom were 40 years past their acute stage and dealing with many issues, I did understand. However, what I found very interesting was the difference in peoples' attitudes about issues that many years later were still problematic. Some only wanted to talk about and complain about what was happening to them while others with sometimes worse symptoms were feeling blessed and appreciative that they were in better shape than they were while the disease was active. One of them even said that they refuse to give in to habitual complaining since it cannot help them feel better while appreciating how far they have come alleviated some of their pain. Of course, the complainers wanted to once again argue for their limitations and decided that the appreciators weren't really dealing with symptoms as debilitating and painful as theirs. That was the most fascinating part of the meeting for me and of course supported my belief that we create our own reality, especially our feeling reality, by the thoughts we think and the attitudes we hold.

If you think you would like to change something you do or feel automatically, give it a try and let me know what happens. It could happen very quickly or take a little time. It depends on you. When I realize I am the creator of my own reality it's very difficult to complain and I feel so much better about everything. I get better and better at it but still can slide back and I've been knowing this for over 40 years so be patient with yourself and keep at it.

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# Wednesday Night 9-Ball Winners

By Bob Horowitz

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The Pool & Billiard Room is open 7 days/wk 8:00 a.m. to 11:00 p.m.

The use of the room is open to all residents and their guests.

Photos by George Sousou



Week 34 - 4 way tie for 1st; Rick, Andre, Bob H & Rich



Week 35 - Dave-2nd, Bob H-1st, Jon & Ramon tied 3rd



Week 36 - Rich P-tied 2nd, Lisa-1st, Rich R-tied 2nd



Week 37- Rich P-tied 2nd, Bob H & Rich R-tied 1st, Julio tied 2nd



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# The Red Hats Are Back This Season!

By Cheryl Sigman

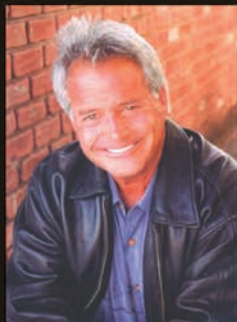
Greeted and guided by welcoming volunteers, we entered into a lovely modernistic building featuring a beautifully designed lobby bar surrounded by unique décor reminiscent of ocean cruise liners. From the spectacular lighting (such as the inverted “Lighthouse” designs), the brightly carpeted flooring (where perceptual images are in the eye of the beholder), shiplap walls and beautiful wood accents throughout to the donor walls that lined the lobby, we were impressed by the well-thought-

out layout of the building designed by Benjamin Thompson & Assoc., Inc.

The Broward Center offers the best in performing arts, entertainment and educational programs. Designed with unique event spaces, we toured the Au-Rene Theater, a 2700 seat auditorium and viewed the Skybox Lounges where patrons can experience unique food and beverage offerings. For those patrons looking for a more white-glove treatment, the all-inclusive Spirit Club located

on the mezzanine level of the Au-Rene Theater provides such an enhanced dining experience.

We toured the backstage facilities with its dressing rooms and other amenities for the performers and staff. We even got to take pictures on the actual stage with our fellow Red Hats! We returned to Wynmoor for lunch at our own, Cafe on the Green, which accommodated us graciously. Our excursion was quite interesting, informative and fun.



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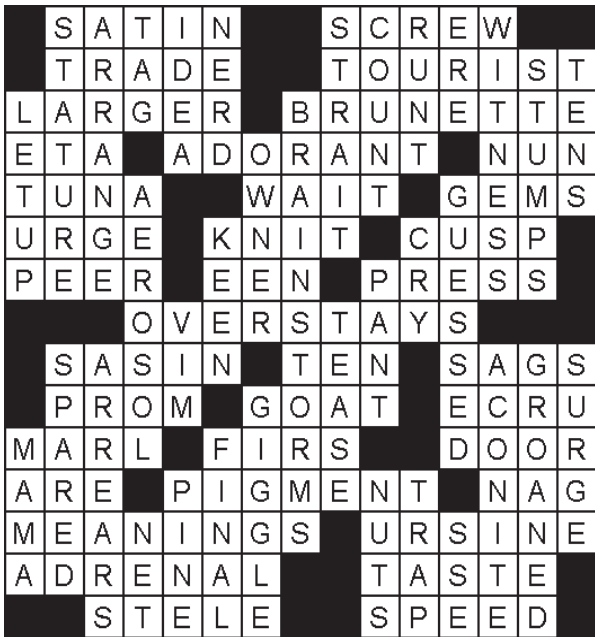
Hiring a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience.



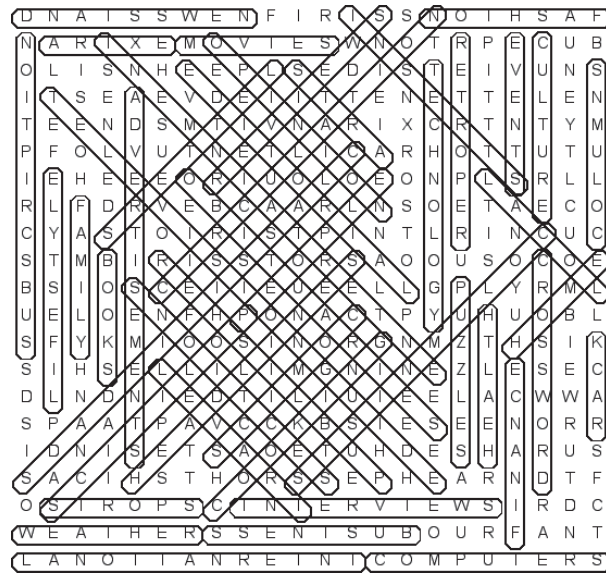
# Puzzles and Games

Solutions from page 22

## Crossword Puzzle



## Newspaper



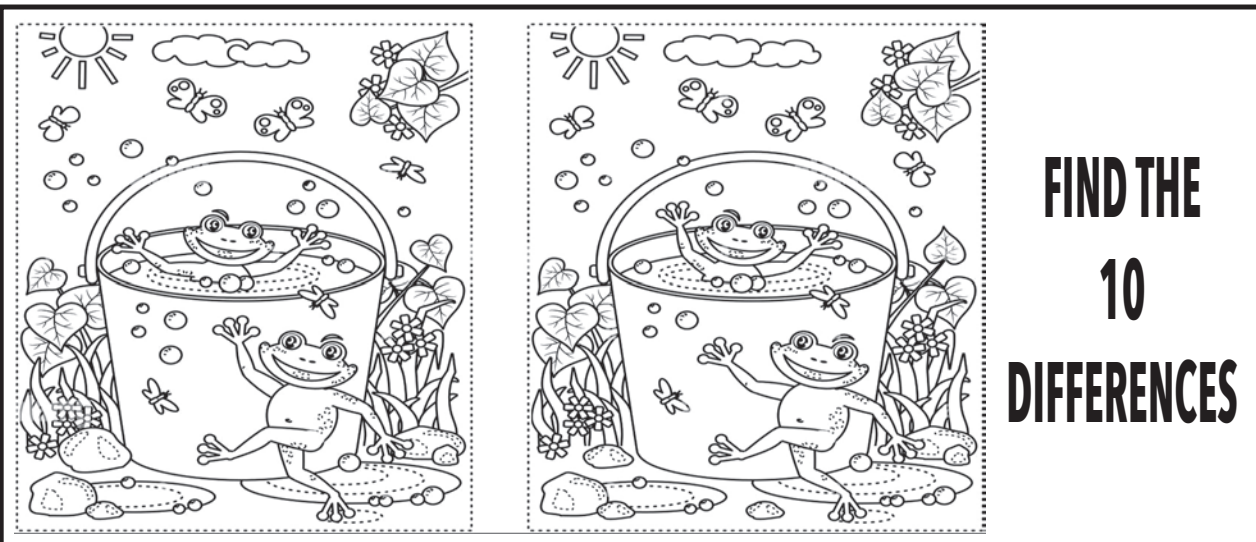
The hidden message is: FIRST PUBLISHED IN SEVENTEEN SIXTY FOUR THE OLDEST CONTINUOUSLY PUBLISHED NEWSPAPER IN THE USA IS THE HARTFORD COURANT.

## Sudoku

3	9	2	5	7	4	6	8	1
7	1	8	9	6	2	4	5	3
5	6	4	8	3	1	9	7	2
9	3	7	6	8	5	2	1	4
1	4	6	3	2	7	8	9	5
8	2	5	4	1	9	3	6	7
2	8	1	7	4	6	5	3	9
6	7	9	2	5	3	1	4	8
4	5	3	1	9	8	7	2	6

## Binox

○	○	×	○	×	×
×	○	○	×	×	○
○	×	○	×	○	×
○	×	×	○	○	×
×	○	×	○	×	○
×	×	○	×	○	○



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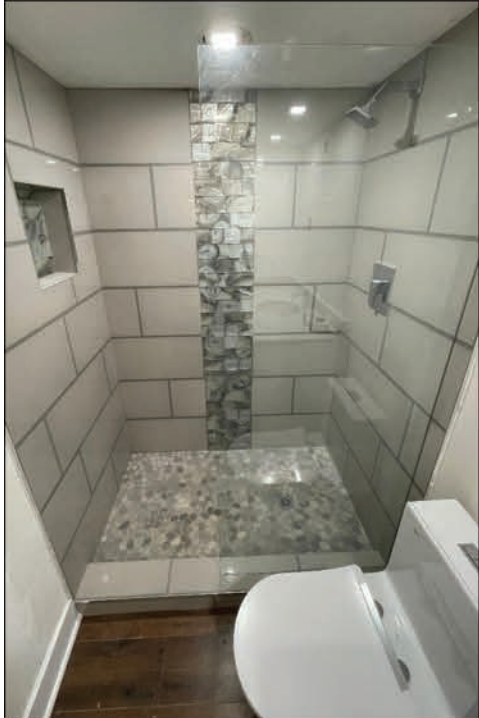
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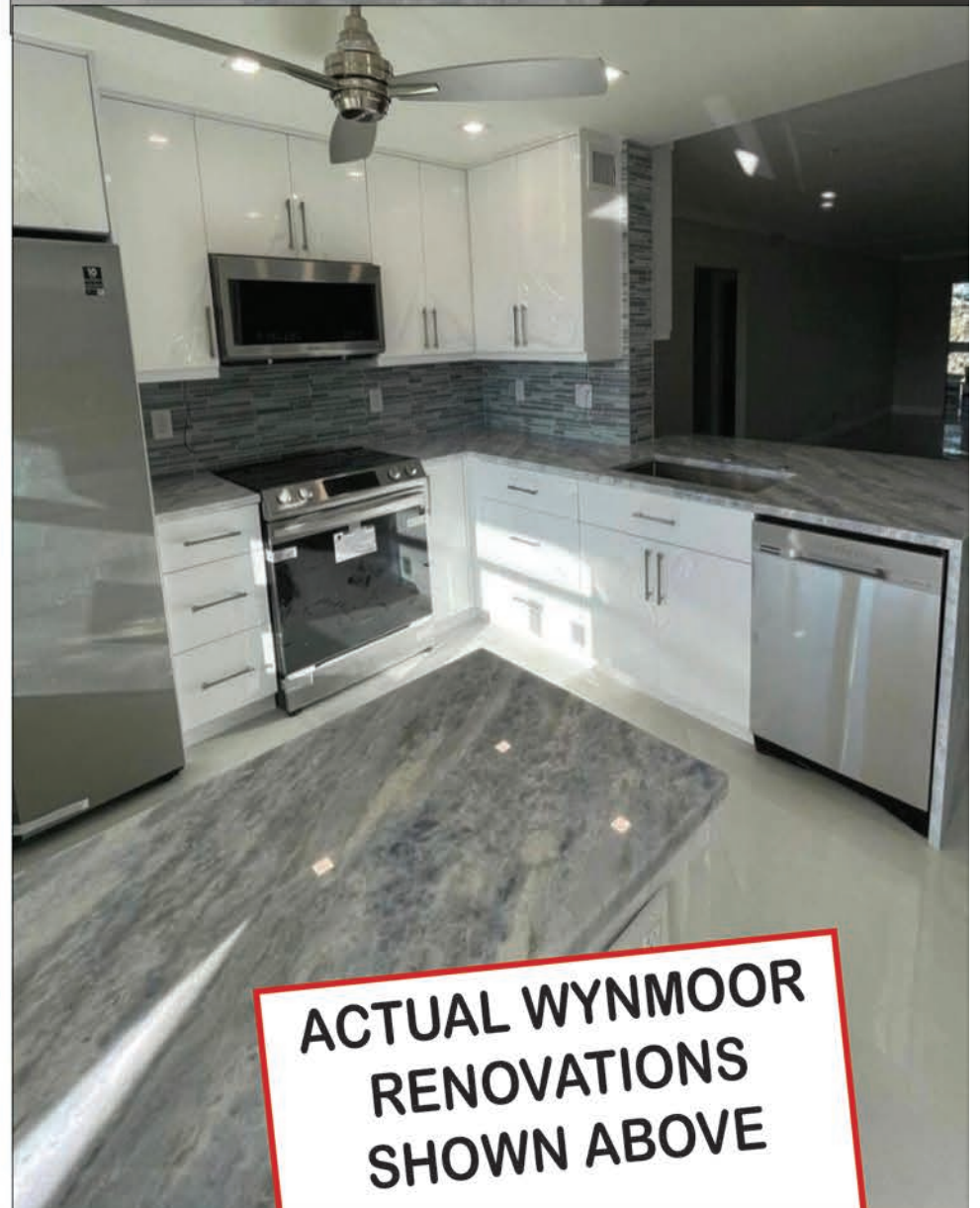




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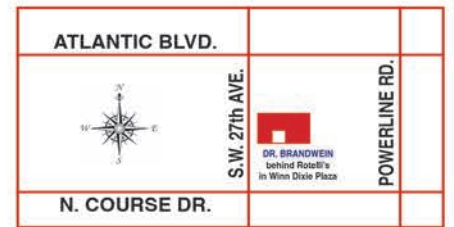
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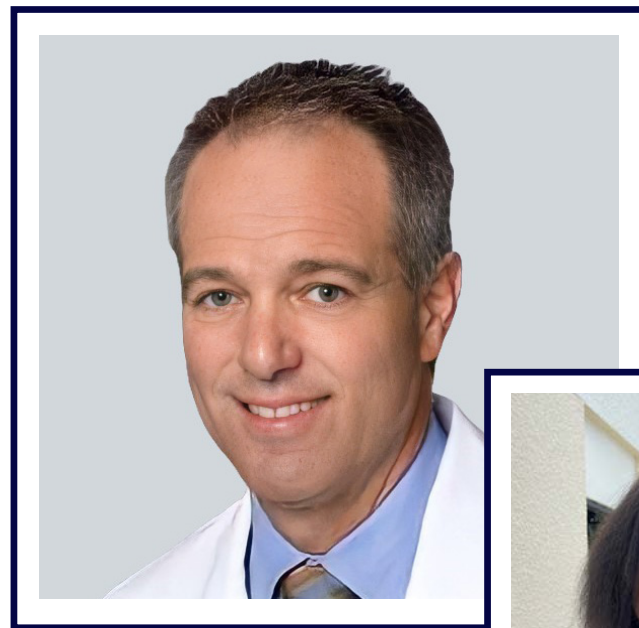
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# Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

**If you are 55+** and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit [www.coconutcreektherapy.com/backpain](http://www.coconutcreektherapy.com/backpain) to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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# Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

## Belly Dance Club

By Marcia Maron

Our group is growing by leaps and bounds so... Come and join us for fun and exercise. We meet on Tuesdays at 2:30 p.m. Learn a routine while learning the art of Belly Dancing. Improve your balance, stamina, and energy level. This class is complimentary to Wynmoor residents. For location and more information please call Marcia at 516-659-3367. Have a belly good time!

## Ben's Friends Art Club

By Rene Monblatt

Our club meets every Saturday morning, year-round at 9:00 a.m. in the Art Studio. We hope to see our members, and anyone who is interested in making art. Creating with any art medium makes for a satisfactory and most pleasurable experience. Hope to see you Saturday mornings!

## Bookies

By Myrna Greenberg

The January book is "The Violin Conspiracy" by Brendan Slocum. An utterly original and gripping novel which centers on the pressures and prejudices of the classical music world. The meeting is on Tuesday, January 3rd in the Sunrise Room in the East Wing of the Theater from 3:00 - 5:00 p.m. Join the discussion and make new friends! See you soon!

The February book is "Midnight Library" by Matt Hines... a dazzling novel about all the choices that go into creating a life well lived. The meeting is on February 7th from 3:00 - 5:00 p.m. in the Sunrise Room in the East Wing of the Theater. Come join the group that laughs and enjoys the company of other book lovers! You may have a book you will want to share with us. See you soon! If you need additional information call Myrna Greenberg at 754-231-6368 or Elaine Kerzner at 954-973-4545.

## Billiard & Pool Club

By Bob Horowitz

All residents and their guests are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the Library. Boasting 14 tournament grade regulation size pool tables, 4 heated billiard tables and one regulation snooker table.

This club has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida.

Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. Use of the room and tables is free to all residents.

## Camera Club

By Nancy Landman

The Mission of the Camera Club of Wynmoor is to provide a welcoming environment to Wynmoor residents with all levels of experience, who want to learn photography and grow in their ability to make photographs. If you'd like to see some samples of our recent photos, check out the showcase at the Clubhouse or the Photography Sections of the *News and Views* and *The Insider*.

Happy New Year! We are looking forward to a 2023 season full of interesting and creative photographs to view and review.

Here is our lineup of presentations for the month of January: January 3rd - *Demonstration of Portrait Photography* by Richard Booth • January 17th - *Shutter Speed - Capturing or Freezing Motion* by David Guttman

We will meet in the Lecture Hall on the 1st and 3rd Tuesday of each month 3:00 p.m. - 5:00 p.m. Yearly Membership - Individual \$10, Couple \$15. First Meeting Free! Come join us!

If you'd like to register as a member and receive info and updates, send an email to CCWynmoor@gmail.com. For more information, call or text Nancy Landman at 954-496-1965 or Helen Storm at 416-452-1313 (Canada).

## Center Stage at Wynmoor

By Diane Williams

Formally known as 'Actor's Workshop' as it has been revamped! Have fun creating? Discover new and untapped talents and passions. This inclusive and multicultural group is seeking members, willing and able, to share

in theatrical stage experiences. Performing arts professionals (including directors), novices, and enthusiasts are welcome. Open behind-the-scenes positions include lighting, audio, set designers, property managers, costume, and makeup artists. Open call casting for our theatre production was projected for October 2022. Proposed show date is March 2023. Please contact Joy at 973-452-9349 or Diane at 267-253-6947 for additional information.

"We don't stop playing because we grow old; we grow old because we stop playing." - George Bernard Shaw

## Ceramics Club

By Tamara Tresniowski

Happy New Year!! Come join us there is a whole new year of gifts to make for family and friends. Check out the 1000+ molds we have. Come meet new people while you use the creativity you didn't know you had. Come in and sign up for classes (\$40 for 4 classes plus a starter kit of supplies). Annual dues are \$15. We are open Monday through Thursday from 9:00 a.m. to 12:00 and Friday from 9:00 to 10:30 a.m. We look forward to seeing you.

## Chess Club

By Hillel Cohen

The Wynmoor Chess Club is pleased to announce the beginning of the new season. We get together every Wednesday from 3:00 to 5:30 p.m. outside on the Clubhouse Patio (*The Cove*). All chess players at any level are welcome and no partner is needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed so come outside and play. Masks are optional. If you haven't played in a while (or even a very long while), don't worry - no one's keeping score or rankings. The point is to have a pleasant afternoon while exercising our brain.

## Computer Club

By Jerry Murphy

The Wynmoor Computer Club will be having a meeting on Wednesday, January 18th, at 9:00 a.m. in Ballroom A. Torrence Mack of TDMTech will be speaking to us about Using Social Media to Stay Connected. Light refreshments will be available.

Dues are \$15. Please send your dues to Diana Esposito at 2302 Lucaya Lane, Apt. C3, Coconut Creek, FL 33066. Dues will also be accepted at the door on the day of the meeting.

We are looking forward to a Computer Club season of learning what our computers and smartphones can do for us.

Questions: send me an email at jerryjmurphy@aol.com or call me at 917-859-4561 (leave a message with your name and phone number).

Hope to see you at the meeting.

## Current Events

By Susan Myers

Our group of friends in Wynmoor get together each Tuesday morning to discuss local, regional, and national events within our world.

We are now located indoors at Card Room 1 from 10:00 until 11:30 a.m. and we often follow our discussions with lunch in a variety of local restaurants within the Coconut Creek area.

Please join us! Call Susan Myers at 954-933-7743.

## Democratic Club

By Bryan Casey

The Club meets on the 1st Tuesday of each month at 2:00 p.m. in the Main Ballroom. Doors open at 1:30 p.m. Each month features dynamic guest speakers from the Democratic Party as well as other organizations in the state.

This first meeting of the New Year is on January 3rd. Our Guest Speakers are Mr. Chris Byrnes, Field Director for the Broward Democratic Party (BDP), and Mr. Steve Bousquet, editorial page editor of the Sun Sentinel.

The Club continues to collect Membership Dues (\$10 per person) for the 2023 calendar year. Dues can be paid with cash or personal check.

Please join us and bring a friend. For more information about the meeting or the Club, you may contact Ms. Ilene Garland at 954-972-1978 or send email to admin@wynmoordemocrats.org.

## Drawing and Painting Club

By Gill Katz

The Drawing and Painting Club is active and bustling with the return of the snowbirds. The Club is open Monday and Friday mornings to club members and Wednesday afternoons from 1:00 p.m.



# Clubs and Activities

Continued from page 53

If you are interested in joining us, please come to the Art Room situated opposite the Doctor's Room on Wednesdays.

## Artists enjoying a quiet afternoon in the Art Room



## Duplicate Bridge Club

By Bram Hamovitch

A special welcome to all our newer players. We are happy to announce that commencing January 4th, we have reintroduced an evening game to our lineup: Wednesday evenings at 6:30 p.m. (arrive 6:15). Our two usual games will continue each week, on Tuesdays and Fridays at 12:30 (arrive 12:15). All our games are held in the East Wing of the Theater building. We are hoping to add a "social game" section to our Friday games, as soon as numbers permit.

We hosted a New Year's Eve Dinner and Game Night on December 31st. We welcomed players of any and all table games to this event.

If you need a partner, contact Terry at 216-401-5739. Other questions? Please call Lynne at 954-973-1223 or 954-257-3452.

## Fun With Friends 2

By Ben Zoe

Fun With Friends 2 is a member only Dance Club presenting some of the best LIVE BANDS performing in South Florida! We have five remaining dances scheduled through April 2023.

Our next BIG dance event will occur on Sunday, January 15th and will feature The Original Studio54 Band. The cost to attend for members is \$10 in advance. Due to legal occupancy limitations at the Grand Ballroom, our membership rolls are now closed. Event registration information is available by emailing FunWithFriendsWyn2@Gmail.com.

Our future dance event schedule is as follows: Sunday, February 19th, Sunday, March 19th, Sunday, April 16th.

We will announce the musical talent as we get closer to each event

Contact us at FunWithFriendsWyn2@Gmail.com if you have any questions.

## Hadassah

By Toby Norman

We will be starting the new year off with a bang. Our annual HMO (Hadassah Medical Organization) Brunch will be held in the West Wing on January 4, 2023. The doors will open at 11:30 a.m. This is the time of the year that we raise money to support the hospitals in Israel that are operated by Hadassah. Since our Brunch is on our meeting date, we will not be having a General Meeting in January. Our next General meeting will be on February 1, 2023. We meet in the West Wing at 12:00 noon. The meeting is called to order by our President, Bernice Riback, at 12:30 p.m. for a short business meeting and then we have our program which will feature Rebecca Reinstein discussing Jewish Pirates. The upcoming program for March will feature Merna Shapiro who will speak on antisemitism. We end the season with our annual Spring Luncheon at the Deer Creek County Club.

SAVE THE DATES: Our next Card Party will be January 22, 2023. Judging from the response to the last one which was held in October, we will have to expand the walls of the West Wing. Form your game, pick up a flyer from the carousel in the Library and send in your names and money to Lenae Herman. Your admission fee includes a dairy box lunch and coffee or tea. If you are a single player, contact Lenae at 954-657-8579, and she will try to find a place in a game for you. Gentlemen, you are welcome to join us.

We also have a very interesting night coming up. On February 13, 2023, Harry Getzov will be in our Lecture Hall entertaining and educating us about "Ways To Say, I Love You" in song and music. The seating is limited, so, again, obtain the flyer from the carousel outside of the library and reserve a ticket. Though the date seems far into the future, tickets will be issued on a first come first serve basis and the date will be here before you know it.

REMINDER: Please continue to support Hadassah by purchasing certificates or trees for any occasion from Bernice Riback. To do so, just call her at 954-984-1703. As always, your continued support is greatly appreciated.

## Health & Wellness Club

By Hope Myers

"KNEES & HIPS" will be the topic addressed at our Tuesday, January 17, 2023 meeting by Dr. Nathaniel Thomas, M.D., an orthopedic surgeon. Dr. Thomas' particular expertise is in hip & knee reconstruction. His office is in Coconut Creek. When interviewed by one of our local papers, he stated that "his care philosophy is to treat the whole person rather than just symptoms."

Refreshments for this meeting will be sponsored by Firstlantic & Conviva Medical Center.

We will no longer be charging seasonal dues. Instead, there will be a \$2 charge for this meeting which will take place in the West Wing II at 2:30 p.m. on Tuesday, January 17, 2023. We hope many Wynmoor residents will attend this important event.

Need more information call Hope Myers, President at 954-971-9538.

## Ladies Circle Club of Wynmoor

By Iris Arlan

If you would like to know more about Ladies Circle, please contact our President, Harriet Lopez at 954-960-9411.

## Latin Women's Club

By Benjamin I. Nazario

If you're interested or need information about our club and its events, please contact Ms. Minerva Nazario at 954-532-3156. Please stay well, safe, and healthy.

## Mah Jongg Club

By Nancy Smith

Tournaments run from 9:45 a.m. until 3:45 p.m. We play six rounds. There is a break to eat the lunch that you have brought. We play at the West Wing on Mondays and the Ballroom on Fridays. Each person pays a \$10 entry fee. Reservations MUST be made ahead of time so that the tables will be set up properly. For additional information, please call Nancy at 954-610-1539 or Rochelle at 954-822-6245. Wishing you all many jokers!

## Monday Night Dance & Social Club

By Tamara Tresniowski

Happy New Year!! The dancing continues...Lots of theme nights in January so we hope you can dress to match our themes. January 2nd is Polka Dot night and Hal Austin will be teaching Foxtrot. January 9th is Animal Kingdom Night so animal prints are the clothes du jour, the lesson will be Swing with Patrice Cavaliere. January 16th is Gypsy Night and we will have a Belly Dance Line Dance lesson with Susan Baladi. January 23rd we will celebrate Chinese New Year (January 22nd) the year of the rabbit and Ken Wan will demonstrate some Kung Fu and last but not least January 30th is Funny Tie Night and we will also provide inflatable instruments and be conducted by Howie Weiner. Don't Forget tickets are on sale (\$10 for members and \$15 for guests) for our Valentine's Dance on February 13th with a return appearance of live band Street Talk. Come join, membership is \$5 for the year and is \$2 at the door each Monday in the Ballroom 6:30 - 9:30 p.m. Coffee and snacks are served.

## Nature And Arts Club

By Elinor Weinstein

*Always be yourself; At the end of the day, that's all you've really got; when you strip everything down, that's all you've got so always be yourself*

Mark your calendars for our January 5th Membership Appreciation Brunch and Art Show. Members will be presenting their many artistic talents while we enjoy a lovely meal with our friends. January 19th, come on board the Carrie B. for a relaxing tour from Fort Lauderdale. Details outlined in our members email.

We are still accepting new members for the 2022-2023 season. We look forward to welcoming all of you back to another interesting year as well as those who are new residents. Dues are \$15pp. Checks should be made out to Wynmoor Nature and Arts Club and mailed to Sheryl Darby, 3302 Aruba Way, Apt. J2, Coconut Creek, Florida 33066. Once you have sent your check, you will be included in all monthly emails with instructions for signing up for meetings and trips.

Please call with any questions. In friendship...

Nancy Moskowitz, President

laughlady55@aol.com or 954-973-2181

Continued on page 61





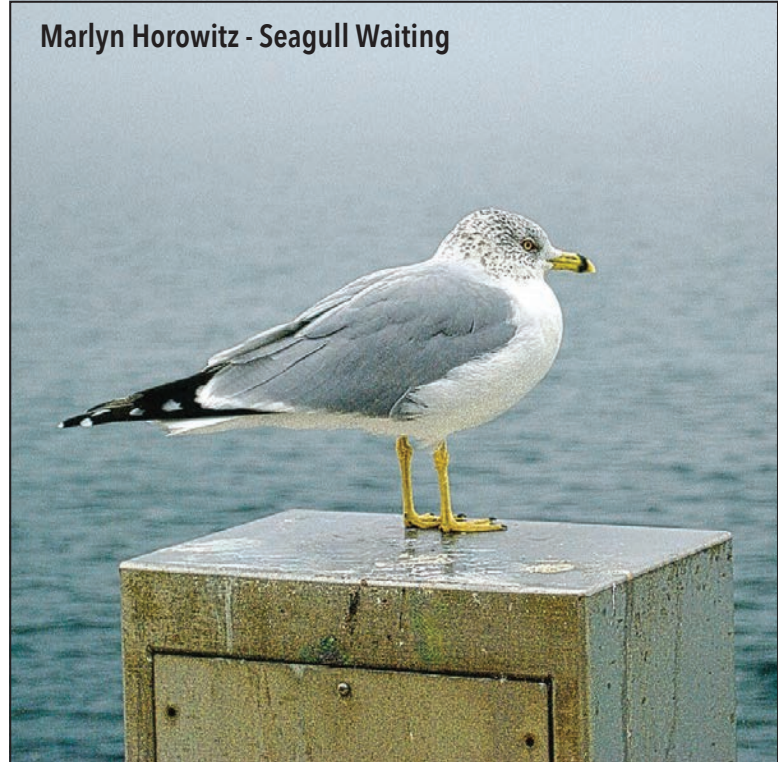
David Guttman - Symmetry in Nature

# WYNMOOR

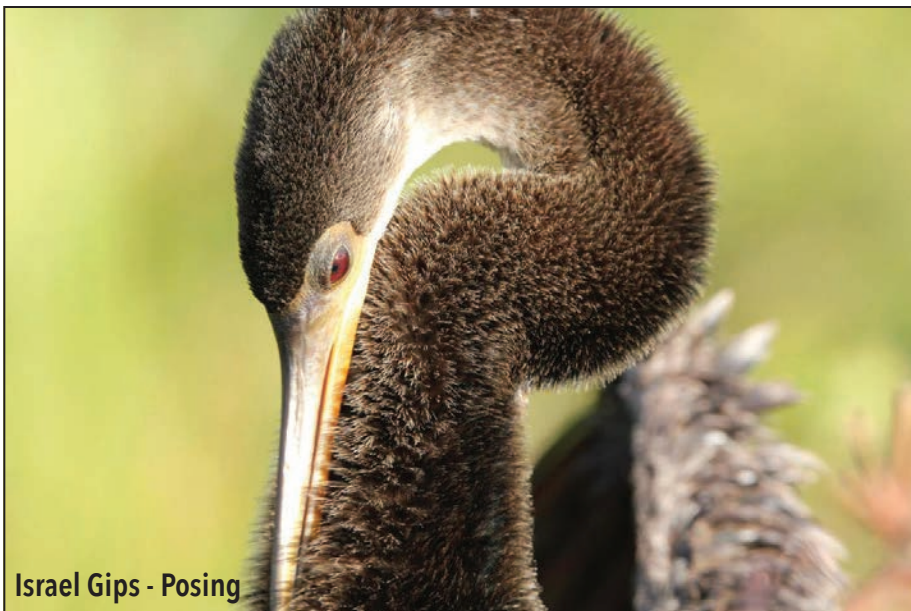
By Nancy Landman



## CAMERA CLUB



Marlyn Horowitz - Seagull Waiting



Israel Gips - Posing



Jennifer James - Fiery Sky



Shel Geller - Little Girl

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**January 7 & 21**

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**EVENING OF**  
**Elegance**

Saturday, January 14  
5:00PM to 8:00PM

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Hosted by the City of Coconut Creek and the Multicultural Circle.  
Features an evening of local art, live music and food trucks.

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**Sunday, February 5**  
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# Wynmoor Short Film Festival Club

Enid Wolf-Schein

The 37th Fort Lauderdale International Film Festival (FLIFF), November 4th to 13, 2022, was a great triumph for our Club. Three films made by our members were shown in three different venues. “Chip” and “Galapagos Spring” were shown at both the Cinema Paradiso and Gateway Theaters and “I Dream of Dancing” at the Savor Cinema.

It was a big thrill seeing our films (and ourselves, in the film “I Dream of Dancing”) in the big screen and having our photos taken on red carpets. A sizable group of Wynmoorites attended but other residents will be able to see two of those three films in our 3rd annual Wynmoor Short Film Festival to take place Friday, March 10th at 7:00 p.m. and Saturday, March 11th at 2:00 p.m. They are “Chip” and the forementioned “I Dream of Dancing.” The third film “Galapagos Spring” was shown in our Festival last year. There will be nine other films as well. Those who attended were able to see other great films and mingle with filmmakers and casts from other films.



**CAPTIONS FOR PHOTOS LEFT TO RIGHT TOP ROW TO BOTTOM ROW**

- 1- Opening night at Hard Rock Casino. Photo by Irwin Levenstein.
- 2- Opening night on Red Carpet. Photo by Irwin Levenstein.
- 3- Wynmoor group at Savor Cinema reception for “Filmed in Broward” movies.
- 4- Waiting for Film to begin in Savor Cinema lobby.
- 5- “I Dream of Dancing” Dancers on red carpet.
- 6- Cast and Crew of “I Dream of Dancing.”
- 7- Jennifer Wheatley-Wolf discussing her film “Chip” at Gateway Theater.
- 8- Marcus Wolf and Enid Wolf-Schein after “Galapagos Spring.”



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# THEATRE SHOWS

## JANUARY

**JANUARY 7<sup>TH</sup>/ 8:00 PM**  
**MIAMI SOUND REVENUE**  
**\$25 PER PERSON**



Miami Sound Revenue is an electrifying, theatrical concert experience! Featuring members of the original "Miami Sound Machine", "Gloria Estefan & Miami Sound.

**JANUARY 12<sup>TH</sup>/ 8:00 PM**  
**SIMON & GARFUNKEL**  
**TRIBUTE**  
**\$18 PER PERSON**



Old Friends is a stunning recreation of Simon & Garfunkel's 1981 Concert! Nick Foresman and Jason Elsenheimer pay ultimate homage to this amazing American duo.

**JANUARY 14<sup>TH</sup>/ 7:00 PM**  
**ROBERT KLIEN**  
**\$20 PER PERSON**



For more than forty years, Robert Klein has entertained audiences, and he continues to have an acclaimed career in comedy, on Broadway, on television, and in film.

**JANUARY 19<sup>TH</sup>/ 8:00 PM**  
**CARPENTER'S TRIBUTE**  
**\$16 PER PERSON**



This Carpenters Tribute Band brings the most authentic versions of the Carpenters music to the stage. No doubt, you will be singing along as they perform hits!

**JANUARY 21<sup>ST</sup>/ 7:30 PM**  
**DAVID D'OR**  
**\$20 PER PERSON**



World-renowned singer, songwriter, & composer David D'Or believes in connections. Reaching out to all with his unique four-octave voice D'Or is determined to connect the world.

**JANUARY 25<sup>TH</sup>/ 8:00 PM**  
**BRONX WANDERERS**  
**\$25 PER PERSON**



The Bronx Wanderers have been wowing audiences around the globe. The show revolves around Vinny senior's music career in the record business and featured songs.

**JANUARY 28<sup>TH</sup>/ 8:00 PM**  
**ABSOLUTE QUEEN**  
**\$25 PER PERSON**



Absolute Queen's many layered harmony vocals and instrumentation brings you the most authentic sounding 'Queen' Live experience. This stage production will blow you away!

Sales for January  
 start last week of  
 December  
 \*Details below\*



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**Scan code with your smartphone to order tickets!**

**<http://boxoffice.wynmoor.com>**

Enter your membership ID number from Wynmoor ID Card.

\*Do not include the Zeros before Number ID\*

**Guests Permitted.** Must show valid ID & be accompanied by Host Resident.  
**No guests under age 15 permitted.**

January sales began online at **10:00 a.m.** on Monday, December 26th. In-person sales began Wednesday, December 28th. Box Office hours are Mondays **9:00 a.m. - 12:00 noon and 2:00 p.m. - 4:00 p.m.**, Wednesdays, **9:00 a.m. - 12:00 noon.**

Online sales end two hours before the show. In-person sales are **7:00 p.m. - 8:00 p.m.** on the night of the show.

NO shorts on Show Nights. All Shows are subject to change, modification or substitution. NO refunds/exchange. NO food/drinks allowed in Theatre. Bottled water OK. NO Smoking in Theatre including E-Cigarettes. Some people are allergic to perfume/cologne. If you use these items, *please* go lightly.



**MARCH 4, 2023**

Tour Price is \$25. Scan the QR code for more details




# Butterfly Garden Tour

*of Coconut Creek, Florida*

The Women's Club of Coconut Creek is hosting a Butterfly Garden Tour March 4, 2023. This event will provide the public the rare opportunity to visit beautiful private yards, farms, vegetable and sculpture gardens in lovely areas across Coconut Creek. There will be a variety of landscapes featured along the self-guided tour. The proceeds earned from this event will benefit the WCCC Annual Scholarship for students living in Coconut Creek. To register, scan the QR code above or contact [wcccButterflyTour@gmail.com](mailto:wcccButterflyTour@gmail.com) for more information.

The Women's Club of Coconut Creek is a non-profit business in the state of Florida.



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# Pickleball Club of Wynmoor

## Participated at the 2022 Delray Beach PB Tournament

The Pickleball Club of Wynmoor made a great showing in the 2022 Delray Beach Tournament in December. We had a total of 15 members competing.

Our members were very competitive, with 4 teams winning medals. All the players and spectators had a lot of fun.

- Jeff Laub & Phil Gillman received Silver in the Mens Senior Doubles 70+ 3.5
- Margie Gijsselaers & Ellyn Laub received Silver in Women's Senior Doubles 70+ 2.5
- Larry Hecht & Peter Charles received Bronze in the Mens Senior Doubles 70+ 3.0
- Irwin Cohen & David Stein received Bronze in the Mens Senior Doubles 70+ 2.5

Not pictured: Mario Lallier & Leo Guillemette



# Tennis Club End of Year Social Play and Pizza Party

On December 9th, the Tennis Club hosted its final tennis event of the year. The event was a social play and pizza party. Great participation from current and new members and a great time was had by all. Special thanks to WCC President, Jackie Railey, who came and showed her support. Also, special thanks to past president of Bimini Village Association, Ronnie Sezon, who continues to support the Club and to all the volunteers who worked diligently throughout the year to make this and every event of 2022 a huge success.





# Clubs and Activities

Continued from page 54

## Needlework Click

By Barbara Bilello

Happy New Year to all! Looking forward to a happy and fun year ahead. Our meetings for February are the 14th and 28th, the 2nd and fourth Tuesday of every month.

We meet in the West Wing from 1:00 - 4:00 p.m. We serve coffee, cake, and cookies. If your new to Wynmoor please come and join us as everyone is welcome knitters, crochet or just come and chat.

If you have yarn you're not using give me a call and I'll gladly pick it up. Barbara 754-222-6375. Looking forward to meeting new people, so come and join us.

.....

## Night Tennis

By Jo Ann Perreault

Summer weather is here, and we are less inclined to run around in the heat. The remedy for back side couch implants is Night Tennis.

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Mondays and Tuesday's fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 - meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

.....

## Pickleball Club

By Mayda Coombs

It is another new year, and we have a lot to look forward to this season. We will be holding our tournaments, luncheons, and evening socials again. Our first tournament will be held January 28th, with a luncheon to follow and the first evening social will be held January 13th. Check the bulletin board in the pavilion at the Racquet Center for more information.

It is never too late to become a Pickleball Club member. Dues are \$10 per person. Existing member can drop off your dues in the Pickleball Club mailbox under our bulletin boards. Please write on the envelope your name and attention membership. Anyone interest in becoming a new member please contact Chuck Milstein at 954-366-1149.

We have Beginner Pickleball Lessons for residents that have never played before. They are being held on Mondays 3:00 - 5:00 p.m. Please email Maureen at Maureen.L.David@gmail.com, if you want to attend. Our Intermediate Beginner Lessons for 2.0-2.5 level players are being held on Mondays 3:00 - 5:00 p.m. If you are interested, you must send an email to PCW.Classes@gmail.com. We cannot except walk ons for either class.

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## Tennis Club

By Edwin Napoleoni Sr.

The Tennis Club hosted its final tennis event of 2022 on December 9, 2022. The event was a social play and pizza party. Great participation from current and new members and a great time had by all. Special thanks to WCC President, Jackie Railey, who found time from her busy schedule to come and show support. Also, special thanks to past president of Bimini Village Association, Ronnie Sezon, who continues to support the Club and to all the volunteers who worked diligently throughout the year to make this and every event of 2022 a huge success.

As we enter the 2023 Tennis season, the Tennis Club is excited to bring to the Wynmoor Community exciting and competitive events. Finally, there will be an election for the Tennis Committee on January 31, 2023. Please check your email. Contact Tennis Director, Robert Long, if you are interested in any position. We encourage all paying dues members to attend the election.

On behalf of the Wynmoor Tennis Club, we would like to wish you and your loved ones, a happy holiday and a healthy and happy New Year.

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## U.S. Club

By Ceil Eitman

Very special paid-up membership party! Mini Lounge Show on Tuesday, January 3rd at 8:00 p.m. in the Ballroom (doors open at 7:15). Featuring singer/entertainer/extraordinaire. Advanced paid up only 2023 members plus \$8 admission. No walk ins. Reservations accepted for tables of 10-12. Coffee will be served only. This is a dress-up evening. Send checks to Carol Bosehans at 3301 Aruba K-3 or call Ceil at 973-513-1591.

## Women's Pool Group "The MsCues"

By Bob Horowitz

Open to all levels of skill from the beginner to the advanced player. Have fun and meet new friends! \*Yearly membership is only \$5. We meet every Tuesday at 3:00 p.m. in our A/C Pool & Billiard room. Questions: Carol cas242@hotmail.com or 978-979-1681.



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## Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

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## Writer's Workshop

By Judy Weissman

If one of your New Year's resolutions is to start writing, write better or write more, this club may reinforce your goal/dream. We welcome new members. If interested come to one of our meetings. If possible, bring no more than a two-page sample of your writing for us to enjoy. We meet Saturdays from 10:00 a.m. - 12:00 p.m. in Card Room 1. Any questions, contact Nancy Moskowitz, Facilitator at laughlady55@aol.com or 954-973-2181.

We want you to know that the City Commission of Coconut Creek appointed its first Poet Laureate, Laura McDermott Matheric to promote the literary arts and poetry. CoconutCreek.net/Poet.

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## Wynmoor Dance Troupe & Company

By Marcia Maron

With much spirit and joy The Wynmoor Dance Troupe & Company with talented singers, dancers and the rest of us take to the stage once again in their new musical revue *Show Me The Music* in 2023. If you think you would like to take part in this production and meet your neighbors, have fun, and work hard, we need: singers, dancers, comedians, backstage hands. No experience is necessary. Please join us and call Marcia at 516-659-3367.

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## Wynmoor Ladies Golf Association

By Karen Beckman

Welcome "home" to all our seasonal Wynmoorites! In addition to the Tuesday morning tournaments, our annual calendar includes a Gala Installation Luncheon, Championship Tournament and Awards Dinner Dance, Color Wars Tournament and Luncheon, Toys for Kids Celebration Luncheon, Meet and Greet celebration. As partners with the WGA, we also participate in the monthly WGA General Meeting, Annual Golf Getaway, Guys and Dolls, and Nine and Dine Events. If you are a lady golfer, we would love to meet you. If you are not an experienced golfer, grab some lessons, get comfortable with the game and join us for an activity you can enjoy for a lifetime. Contact the pro shop for specific details.



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Continued on page 62



# Clubs and Activities

Continued from page 61

## Wynmoor Short Film Festival

By Enid Wolf-Schein

UPDATE! The new dates for the Third Annual Wynmoor Short Film Festival are now Friday, March 10th at 7:00 p.m. and Saturday, March 11th at 2:00 p.m. On both dates the experience begins with 90 minutes of short films, ranging from 3.5 to 17 minutes, in the Country Club Lecture Hall. This will be followed by a reception immediately in the Country Club Ballroom. Included in the price of \$5 per ticket will be wine and other drinks and popcorn served all evening.

Making this a festive occasion, like the major Film Festivals, is our goal. We hope people will dress to impress, participate in the interactive events in the Ballroom and meet and greet the filmmakers and casts who will be present.

Ticket sales will take place in the Country Club Library every Wednesday

afternoon in January and February from 2:30 until 4:00pm. Our previous Fests have all sold out quickly so come ASAP. At that time, you will be able to see the list of films that will be shown.

We want to thank everyone who submitted films including some Broward neighbors and a special set of shorts by the eminent filmmaker John Gray.

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## Wynmoor Video and Film Club

By Phil Guterman

If you have a video you captured on your iPad, cell phone or camcorder, we can help you edit it by adding music, narration, special effects, exposure correction and eliminating unwanted scenes by using our sophisticated Pinnacle 20 editing system on our computer. For more information contact Phil Guterman at 954-984-8871.

## Your Articles of Interest Are Always Welcome! How do I send my article?

The easiest and quickest way to submit your article of interest is to email it to Wynmoorads@aol.com in a word document, or mail them to FLORIDA NEWS BUREAU, P.O. Box 670876, Coral Springs, FL 33067.

Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our DEADLINE: The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

We currently have a box in the Clubhouse that will be taken away by the end of the year. (inserting articles there will not be an option).

Thank you for your submissions. We look forward to hearing from you.

Insider Staff



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Angle Stops		✓
Kitchen Sink Basket Strainer		✓

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## 2022 WYNMOOR MARKET UPDATE

**33**  
1 BED/1.5 BATH  
SOLD IN  
2022



**259**  
2 BED/2 BATH  
SOLD IN  
2022



# 2023

✧ HAPPY NEW YEAR ✧

### 1 BEDROOM/1.5 BATHROOM

VILLAGE	TOTAL SOLD	PRICE RANGE
ARUBA	7	\$167-320
ANTIGUA TWO	5	\$110-175
ANTIGUA ONE	2	\$140-150
BAHAMA	1	\$155
BIMINI	6	\$72-136
GRANADA	1	\$148
LUCAYA	5	\$85-145
MARTINIQUE ROSSMOOR	1	\$100
MARTINIQUE	3	\$90-167
NASSAU	2	\$87-135
PORTOFINO	2	\$130-160
VICTORIA	6	\$95-140

### 2 BEDROOM/2 BATHROOM

VILLAGE	TOTAL SOLD	PRICE RANGE
ABACO	13	\$178-250
ANDROS	12	\$170-325
ARUBA	7	\$167-320
ANTIGUA TWO	14	\$124-220
ANTIGUA ONE	11	\$140-249
BAHAMA	12	\$108-165
BERMUDA & 1805 ELEUTHERA	16	\$125-243
BIMINI	14	\$140-329
CAYMAN	10	\$130-\$339
ELEUTHERA	10	\$175-240
GRANADA	22	\$125-335
LUCAYA	28	\$105-330
MARTINIQUE ROSSMOOR	8	\$132-270
MARTINIQUE	11	\$110-275
NASSAU	8	\$138-240
PORTOFINO I	11	\$124-228
PORTOFINO II	37	\$120-310
VICTORIA	21	\$100-\$290



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